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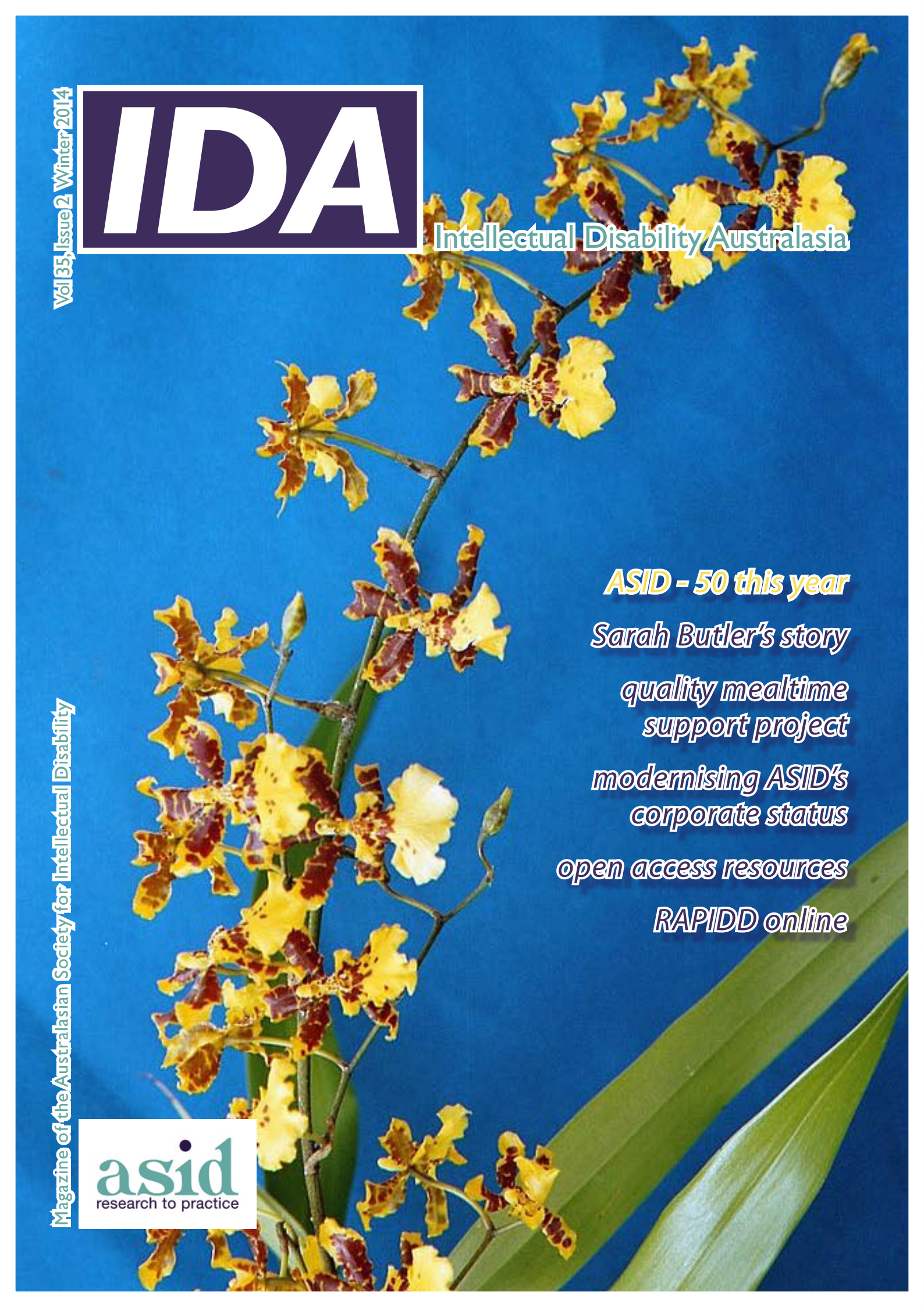
IDA

Intellectual Disability Australasia



ASID - 50 this year

Sarah Butler's story

quality mealtime support project

modernising ASID's corporate status

open access resources

RAPIDD online

Magazine of the Australasian Society for Intellectual Disability

asid
research to practice

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Oncidium Golden Anniversary
by Arne and Bent Larsen

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editorial

Hello to all in the ASID Community,

I am very excited to report that I have officially taken on the role of IDA Editor and I have been working with our editorial assistant, Ross Tudman to bring you the first edition of IDA Online. This is a new phase for IDA and I am confident that the ASID community will embrace this new and improved version of IDA. Please let me know your comments via email – I would love to hear from you. darryleen.wiggins@startas.org

A little about me and my background – Firstly I have been a member of ASID since the year 2000 and have been on the regional committee in Tasmania for almost all of that time in a variety of regional positions. I was also secretary on the ASID board for about 6 years until 2011.

I have worked in the disability industry since 1986 (yes I am that young!) I started my career at Willow Court Centre in New Norfolk, Tasmania. Willow Court is the oldest, continually run asylum located in the island state of Tasmania, Australia and had its heritage start in 1827. This is older than the well-known and well visited Port Arthur. Asylums like Willow Court that once segregated and housed people with disabilities have lain empty and often unused for the last decade. As the Social Model of care was rolled out the vacating of these institutions began. Tasmania was the first state in Australia to de-institutionalise all of the people it housed and closed the doors of Willow Court in late 2000. http://www.willowcourttasmania.org/

In 1992, I began working in the community in government run group homes and from there I worked at Disability Services head office in Glenorchy Tasmania. I was lucky enough to work in a variety of roles whilst at Disability Services before moving out to the non-government sector to manage the setting up of a children's group home. (That was a fun time) From there I moved on to manage the organisation for about 9 years and for the past 4 years I have worked in my current role as Program Manager of a Respite centre for children and adults with a disability. I hold a Bachelor of Social Science in

continued page 3

Sarah Butler's story

by Sarah and Tina Purdon

When I was asked to be a keynote speaker at the ASID Conference 2013 held in Sydney I was amazed and could not believe it. To be a keynote speaker for me means that I have an important role to play and I feel valued. Being a person with a disability myself I know what it is like for people with disabilities and how people with disabilities do not always get to be involved in events such as speaking at conferences (or the opportunity to) to speak up for other people. I really enjoyed being a keynote speaker at the ASID Conference in 2013 and I hope to have more opportunities to speak at ASID conferences in the future.

So what am I doing these days?

Last year I nominated to be on the ASID (NSW / ACT) Regional Committee and was elected as a Committee member. Being on the Committee gives me the opportunity to have a say and is a good experience for me. A lot of people with disabilities do not get to have a say. To be on a committee and contribute ideas is really good. It also shows that people with disabilities do have abilities and can do a lot of things that people think people with disabilities cannot do.

"At the 2014 ASID Conference in Sydney, the theme was 'Our Time' – people with disabilities being at the centre stage - as valued and respected contributors and participants in not only their own lives but also the lives of their communities. The NSW /ACT Committee made a strong commitment to ensuring that we recognised this in all aspects of the Conference from theme conception through planning, to implementation. As part of this genuine commitment, we were thrilled when we were able to engage people with lived experience as our Opening Keynote presenters.

"Sarah Butler was one of the Opening Keynote presenters. Sarah shared her story and provided us all with insight into her journey and her aspirations not only for herself but for genuine inclusion for all people with disabilities. And this was just the beginning of Sarah's involvement with ASID NSW / ACT.

"We asked Sarah if she would like to write a story for IDA about her experience and she was only to happy to oblige!

editorial

continued

Habilitation, retain registration as an Enrolled Nurse (medication endorsed) and hold an Advanced Diploma in Business Management and Human Resources. I am looking forward to getting to know our readers and contributors to IDA over the next couple of years and I want to thank the ASID board for the opportunity to contribute to ASID in this role.

Until next issue,

"It is what you read when you don't have to that determines what you will be when you can't help it." - Oscar Wilde

Darryleen Wiggins

ASID 50 this year

by Darryleen Wiggins

In attempting to put together a variety of interesting pieces for IDA ongoing I thought that I would uncover who may be the longest serving member of ASID as an individual and / or as an organisation. Although I am still working on that I did uncover another very important fact - ASID has turned 50 this year!

As written in Sheather, G. (2002) "*The history of The Australian Society for the Study of Intellectual Disability (ASSID), formerly the Australian Group for the Scientific Study of Mental Deficiency (AGSSOMD), is the story of a group of professionals who formed in 1964 to promote the scientific study of, what was then referred to, as mental deficiency, through a multidisciplinary approach, to serve as a medium for exchange of ideas and skills, and to disseminate knowledge. Its inaugural meeting was held in Copenhagen in 1964. A number of Australian professionals in the field attended the meeting and decided to link themselves with this body of professionals and form an Australian group.*"

"*When it formed, AGSSOMD/ASSID was the only organisation with a strictly professional membership in Australia specifically targeted to people working in the field of intellectual disability. It provided a forum for them to meet and discuss issues in the field. The aim of the professionals who joined was to 'improve the practice and care' of people with intellectual disabilities*".

Certainly the quality of life for people with intellectual disability has been enhanced in recent years by an emphasis on community living, together with developments in inclusive education and post-secondary school education, open employment, positive behaviour support, increased attention in health care and now with the introduction of the National Disability Insurance Scheme people with disabilities outlook for continued improvements in quality of life is likely to increase. With the changes currently occurring with the structure of ASID I have no doubt that ASID will be here for another 50 years making a difference and leading the way with "*research to practice*"

Happy 50th Birthday ASID

We invite you to come celebrate with us at the WA conference.

The boat hasn't sailed yet and it's not too late to register or remind your friends and colleagues that the conference is less than two months away so hurry up and come on board. You can register by clicking on the link www.asid2014.com.au and clicking through to the online registration.

'Anchors Away' will provide you with all the information you need to make your visit to the annual ASID conference in Fremantle, Western Australia the best one ever. You can check us out on the conference webpage, via LinkedIn or by liking us on Facebook. Or simply read all about it, on your regular 'Anchors Away' update.

Early bird registrations closed on 31st August. There were a few gremlins in the system and the ASID website went down over that weekend!! However, all was not lost and ASID of course honoured the requests for early bird registrations from those people who missed the deadline thanks to problems with the website.

We do have a limit on the number of delegate places, so if you are still to register, please hurry!! It's going to be a great conference.

Quality Mealtime Support project

By Rosie Miller,
Scope
Meredith Prain PhD,
Able Australia
Nick Hagiliassis PhD,
Scope
Janet Wilson,
Yooralla

Dysphagia (eating and swallowing difficulties) is common among people with developmental disability, and is associated with significant health risks if not managed well. Dysphagia can result in malnutrition, aspiration pneumonia and choking.

Difficulties with chewing and swallowing can vary in presentation and impact. Some people with dysphagia may need foods modified to reduce the risk of choking or drinks thickened to prevent fluid from entering the airway. Behaviours that can increase a person's risk for choking such as putting a lot of food in the mouth and eating very quickly can also be seen.

Quality, person-centred mealtime support, whether it is simply setting the table with the right utensils for the person or providing full 1:1 assistance with eating and drinking, is critical to optimising the person's safety, independence, enjoyment and quality of life.

The aim of the 'dysphagia project', an initiative of Scope in partnership with Able Australia and Yooralla, is to improve mealtime supports for adults with eating and swallowing impairments and for organisations to strengthen their dysphagia management procedures. The project's research phase focussed on consulting with different stakeholder groups to find out what 'good practice' in mealtime support means for different people. We asked adults with dysphagia, family members, disability support workers and allied health professionals for their perspectives. This research informed the development of a set of recommended 'standards' for organisations to adopt when providing services for people with eating and swallowing difficulties.

The participating organisations are currently working towards incorporating these standards into organisational policy and procedure to achieve practice improvements. The project team also developed the 'Quality Mealtime Support' resource package which includes an educational video to help staff develop skills and knowledge to support people with dysphagia well.

We would be particularly interested in discussing possibilities for promoting both the standards and the resource kit more broadly. If you would like further information, please contact Rosie Miller (rmiller@scopevic.org.au).

President's report

Dr Angus Buchanan

My contribution for IDA is being written while I am in Geraldton, Western Australia, 5 hours north of Perth. I rarely come to this beautiful coastal city, yet every time I do I am impressed by how it is developing and responding to the demands of modern society. While much of its core business goes on, structures around it have been rebuilt and developed to allow for a functional and liveable town. I understand that it has already been connected to National Broadband Network (NBN) which is why I am probably experiencing the fastest internet I have ever had!

While I don't think ASID has moved to the speed of change offered by the NBN we are certainly thinking very hard about the future shape of the organisation to ensure it will remain relevant and effective. This is including governance structures, approaches to publications, the website and the annual conference.

Hopefully all members received a letter in late July with details regarding the current modernisation of the ASID governance structure that is currently taking place. If you have not seen this letter it has been reprinted in this edition of IDA. For the past 12 months, the Board of ASID have been working carefully to ensure that a high quality outcome was achieved. Appropriate expertise was engaged to assist with the process and I very pleased to report that a successful outcome has nearly been realised. The end result will be one Australasian body called ASID instead of the current 7 independent regional bodies, members will belong to one organisation instead of regional bodies, and a significant amount of bureaucratic requirements will be reduced. Functionally the organisation will operate in a very similar way with regions being replaced by divisions. Please feel free to discuss any concerns you have with your regional representatives or myself.

There is little doubt that one of the major challenges that exist for any organisation is effective communication. One aspect of this is having an excellent website that enables efficient and effective services to members. The Board has been exploring a number of options regarding the development of the Website. Following a period of significant investigation the Board has agreed to completely develop a new website. It is expected that this will be launched in November 2014 so watch this space.

The ASID 2014 Conference "All Aboard" is going full steam ahead. A provisional program is now available and early bird registration is open. I encourage all members to consider coming to Fremantle in November for what is promising to be a great conference. Also make sure you look out for the scholarship opportunities and the financial support available to assist people with disabilities to attend. A big thanks to our conference convenor Sue Peden and her team for a great job being done.

In late July members should have received the first edition of the RAPIDD (Research and Practice in Intellectual and Developmental Disabilities). This is the third publication that ASID now produces (alongside IDA and JIDD). Congratulations to Professor Christine Bigby, Editor for the leadership to bring this Journal to fruition. RAPIDD disseminates research, encourages its translation and relevance to practice and policy, and will generate informed debate on contemporary issues that matter to the quality of life of people with intellectual disability and their families. Please think about making a contribution to this Journal.

With being out seeming to comment on the completely obvious, IDA is now an online magazine. We hope that this is seen by members as a positive initiative and we welcome feedback.

So as I am sitting here writing it seems to me that ASID is a bit like Geraldton, still doing it core business but also developing and rebuilding to ensure that we remain contemporary and functional. There is little doubt that some developments can be disruptive and often challenging. While this might be the case in some areas, the Board strongly believes that the developments being undertaken will strengthen ASID for both the current and ongoing work that needs to be done.

Modernising the Corporate Status of ASID

The Board of ASID (including each State and New Zealand) has been progressing the modernising and transitioning of ASID's corporate status from an Incorporated Association to a Company Limited by Guarantee (CLG) under the Australian Government legislation, the Corporations Act 2001.

The reasons have been previously described in an earlier letter to you and in IDA.

Any such change must be approved by the members of the current Australasian association. Information is provided below to explain what is proposed, the benefits and challenges, and how you will be positively impacted by the proposed corporate status change.

A CLG is widely recognised and accepted in Australia and New Zealand as the most appropriate corporate structure for not-for-profit organisations and charities whose business extends across multiple States and New Zealand. Under agreements between the New Zealand and Australian governments, a CLG registered in Australia can be easily recognised as a corporation in New Zealand and thus be an Australasian corporation.

Current situation

At the present time, ASID's Australasian association comprises, as members, each of the separate seven regional associations. This incorporated association, through its Board comprised of three delegates from each region, functions primarily as a coordinating body to support each regional association to achieve their strategic goals. It is worth noting that each individual or organisation in ASID is a member of their regional association and not directly a member of the Australasian association. This means that each of the seven regional associations has separate legal and governance accountabilities - resulting in considerable compliance and auditing costs. Every year these obligations become more onerous and costly on each regional association's finances, as well as on volunteers' time.

What is proposed is a two stage process to transition:

Stage 1: Transition the Australasian association's corporate status from an incorporated association to a Company Limited by Guarantee (CLG) able to operate as one entity across all Australian states and territories and New Zealand. The initial directors, and first batch of members, of the new CLG, Australasian Society for Intellectual Disability Ltd., will be the current regional delegates on the Board. The constitution of the new company establishes regional divisions, divisional committees, and divisional representation on the company's Board of Directors. We see this as a good way to minimise the disruption to key local activities and groups.

Stage 2: During Stage 2 all current members of regional associations will be invited to become members of the new company, ASID Ltd. This will not result in additional membership fees, but members will be asked to agree to a guarantee of AUS$10.00 to be paid in the event of the company winding up at some point in the future. For a period of time you will be both a member of your regional association and ASID Ltd. but members of each regional association will then be asked to consider a resolution to wind-up the regional association. The process of the winding-up of the regional associations will involve a transfer of assets to the new company, but the current ASID Board is committed to ensuring the regions are treated fairly in this process.

How will you be affected?

In practical terms, the transition will mean that instead of being a member of a regional association you will be directly a member of the Australasian entity itself – ASID Ltd. As a CLG, your membership interactions will still be largely through local divisions, just like now. Each region will not be a separate legal entity but instead will be a division of the one Australasian body (CLG).

continued page 8

Corporate Status . . .

continued from page 7

Benefits and challenges?

Major benefits include:

- Greater accountability and transparency benefits by being more widely recognised as a modern corporation;
- One legal entity will considerably reduce the present costs of having seven legal structures with separate governance, compliance, reporting and auditing;
- You will be a member of one Australasian body instead of each being part of seven. This reflects what most of our membership believed was the case anyway
- Pooled resources provides better financial security and investment opportunities to support ASID's strategic goals

There are some challenges to this process:

- Whilst the process of achieving Stages 1 and 2 are relatively straight-forward, they will take time. Each region must seek agreement of their members to the transition and modernising of ASID. Present estimate is that the whole process will take about six months to achieve.
- We are committed to keeping members fully informed at every step along the way. There will be times when the tight timeframes and processes of coordinating agreement of all regions will challenge us, but we will do our best. The action plans we have committed to include extensive and regular communications with members of all regions.

Do not hesitate to contact me or other Board members if you have any questions. Our desire is to put ASID onto a strong governance platform more able to respond to changing needs.

Thank you

Angus Buchanan

President ASID

The Australasian Society for Intellectual Disability (ASID) aims to improve the quality of life for people with an intellectual disability through the promotion of evidence-based policy and practice. The society welcomes new members:

Individuals – living with intellectual disability, or working/studying in the area of intellectual disability.

Organisations – which share ASID's vision of an inclusive society for people with intellectual disability

asid
research to practice

Membership entitlements:

- ✓ Subscription to ASID publications:
  - Journal of Intellectual and Developmental Disability (JIDD)
  - Research and Practice in Intellectual and Developmental Disabilities (RAPIDD) and
  - Intellectual Disability Australia (IDA).
- ✓ Discounts to entry fees or registration fees for ASID events, including the annual ASID conference (registrations are now open for the 2014 conference, to be held in Fremantle, Western Australia)

For more information and membership forms go to the ASID website - www.asid.asn.au

the Australasian Society for Intellectual Disability

your ASID board working hard to ensure the modernising of the corporate status at the mid-year meeting

May 2014

Michael Goldsworthy - Australian Strategic Services

Michael , Angus and Ken Leigh - Barrister

Western Australia

by Chris Yates

All Aboard - ASID WA

What a year – we are all now hauling on the mainsail, running with the wind and doing anything else nautical that you can think of to get ourselves ready for a fantastic conference in Fremantle.

Most of the heat and light here in the West has been generated by the forthcoming ASID Australasian conference and we are working hard to get as many people as possible on board. We have had a vibrant organising committee in place and the conference committee meetings and our regional association meetings have taken most of our time and energy this year. As part of our preparation for the conference we have worked hard to include people with intellectual disability and when you look at the draft program you will a full session has been set aside for inclusive presentations.

Sue Peden has done a fantastic job convening and you will be able to read more elsewhere. It is worth noting that we have been very keen to support students to attend this conference and to that end we have awarded a Student Travel Bursary; two Student Research Awards and three Student Scholarships.

Our AGM looms on the horizon on September 9th and beyond that we have a Sundowner planned which will be hosted at the office of the Perth Hills NDIS trial with a focus on the question: 'What does choice and control mean for people with disability in the NDIS.'

Conference information can be accessed via a facebook page

- https://www.facebook.com/ASID2014

the home page of the ASID website

- www.asid.asn.au or

the conference page on the ASID website

- http://www.asid.asn.au/Conferences/49thAnnualFremantle2014.aspx or

the conference website

- http://www.asid2014.com.au/

This is also a link to the Accommodation info the conference from Rydges

- http://www.rydges.com/customised-web-page/asid-conference/

Ahoy from Fremantle!

Victoria

by Nick Hagiliassis

The ASID Vic committee have continued to focus on preparations for the 2015 ASID conference to be held in Melbourne. A venue has been selected and we are close to finalising a conference convenor, while we have started to think about potential keynotes and presenters. Congratulations to Jason Saykali on designing the winning logo for the 2015 conference, with notable mention to Sarah Veli also for her runners up entry. In addition to our regular committee members, we have had a number of people show interest in supporting us in the lead up to the conference. The range of tasks are many, and include support with the programme, logistics, coordination of volunteers, and it's an exciting time to become involved. This is a great for students, staff and professionals with an interest in intellectual disability to contribute to an important event in the ASID calendar. Those interested are encouraged to contact the ASID Vic committee. We have had a number of new committee members join us, and we farewell Luke Doherty and Kathy Wilton, thanking each of them for their contributions during the time they were with us. Our next meeting will be in August, during which we will continue planning for the 2015 conference, our Annual General Meeting (to be held in October) and ASID Vic's sponsorship of Scope's "*Communicate, Participate, Enjoy! Solutions to Inclusion Conference 2014*".

New Zealand

by Fran Hartnett

On April 10-11 2014 ASID-NZ held its 9th Annual Conference Let's Talk Some More In *continued page 11*

Hamilton. More than 170 people attended the conference and participants were treated to many stimulating and challenging papers that encouraged a great deal of talk and debate. Christine Wilson, Secretary ASID-NZ did a superb job of convening the conference and there were many positive comments about the choice and quality of the presentations and the clear links many practitioners made between evidence base and their practice. The conference attracted a wide range of people including self advocates, practitioners, managers, public servants and the Disability Rights commissioner.

The key note presentation entitled People First New Zealand talk some more : Our work and the UN Convention by Hamish Taverner, Jodie Turner , Cheryl Wallace and Michael Aldridge, leaders in People First, reminded delegates that talk is not enough and there is still much action needed before people with intellectual disability are able to fully exercise their rights as citizens. It was pleasing to see a number of people with intellectual disability presenting papers and fully participating in discussions at the conference. ASID -NZ Council sponsored some individuals who were presenting to attend.

The conference featured the outstanding research of two well known and respected researchers and practitioners, Dr. Patsie Frawley, La Trobe University Melbourne and Associate Professor Keith McVilly, Deakin University. Dr Frawley's presentation Loving and living-sexuality and relationships beyond the rules provided a stark reminder to participants that despite legislation and policies recognizing individuals' rights to develop relationships and express their sexuality, practices that limit choices and opportunities to enact these rights are still common. Patsie provided hope that, through involving people with intellectual disability as peer educators in relationship and sexuality education, people can be supported to love and live the way they want. Dr. Frawley also facilitated a well attended workshop held at the Donald Beasley Institute after the conference.

Dr. McVilly's presentation entitled Behaviour Support: we need more than just a 'plan on a page reminded participants that there is much more to behaviour support for a person than developing a plan. Keith's research shows that although there is a lot of talk about functional assessment and analysis and skill development, all too often these are poorly implemented. Dr. McVilly reminded everyone that it is essential for staff and families to understand why the person uses challenging behaviour. Staff and families need to support the person to learn safer ways to behave and meet their needs.

It was really pleasing to see a number of younger researchers and human service workers from both Australia and New Zealand attend the conference. The level of engagement and the general 'buzz' of excitement at the conference was a good sign for the future.

Things have been quieter since the conference with Council Members planning upcoming events via teleconference. We are thrilled to be able to have Dr. Michael Wehmeyer as a Keynote Speaker at our AGM in Wellington on Sept 23 2014. We will also co-host Dr. Wehmeyer in Auckland on September 25 2014 at the AGM of the New Zealand Disability Support Network.

Debbie Espiner, Vice President of NZASID recently attended the 4th European Congress of the International Association for the Scientific Study of Intellectual and Developmental Disability. Attending the conference was the end point of a Learning Journey organised by the Centre of Disability Studies, University of Sydney. The Learning Journey provided both deep insights and practical ways of redesigning services to enhance the lives of people with disabilities through actioning their aspirations. The conference furthered this theme as many presentations addressed this evolving challenge.

ASID-NZ is in good heart and is working to attract new members as we look forward to the future.

South Australia

by Denice Wharldall

ASID SA hosted a Health Support Workshop in July which was well attended and received very positive feedback from participants. Topics of the one day workshop included:

- Practical advice to implement the Direct Health Support of People with Disability Guideline which all state funded agencies must implement.

continued page 12

- Medication & Consent to Treatment
- Health Clinic, Screening & Resources
- Dignity in Care
- Diabetes care of people with intellectual disability

Jayne Lehmann a diabetes specialist who made the presentation related to diabetes is also the parent of a young woman with an intellectual disability and as a result has a good understanding of both the health and disability sectors. Jayne started her presentation saying the Health Sector does not understand the Disability Sector and visa versa. She also makes this statement to Health Professionals when she presents to this group. One of the aims of the workshop was for participants to have a better understanding of the Health Sector and how to access resources and information for individuals living with intellectual disability to live a healthy life.

We are pleased to be hosting a two day Sleepwise Workshop —Promoting Positive Sleep Practices in Young People with Developmental Disabilities in late August.

Our Annual General Meeting is tentatively set for the 30th October and will include a Panel Discussion on a Good Life for older Australians with an Intellectual Disability. More information shortly.

If you have any ideas on events or Workshops you would like ASID to organise please contact either myself at dwharldall@cara.org.au or Ian Pearce at Ian.Pearce@minda.asn.au

Queensland

by Morrie O'Connor

ASID QLD has been continuing with its consultation with groups of people with intellectual disabilities about how ASID QLD could be more accessible to people with intellectual disabilities. Our most recent consultation was with the Hot Topics group at the Gold Coast, a very impressive group of people who meet regularly. The group were highly energised just having completed a session where peer educators from Queenslanders with a Disability Network had presented on the NDIS. ASID QLD has been honoured to be represented on the reference group for the peer educators.

Feedback from the consultation has included that:

- ASID QLD should have members with intellectual disabilities.
- Members with intellectual disabilities should be able to be represented on committee structures.
- People with intellectual disability should be supported to attend ASID events and to be able to voice their views.
- Where people with intellectual disabilities attend events their understanding should be supported by accessible language.

One issue that has emerged as a barrier to participation has been cost of ASID membership. Therefore in a spirit of positive action to support accessibility, ASID QLD has taken a leaf out of ASID NZ book and will meet the membership fees of a number of people with intellectual disabilities.

QLD ASID also held two recent events – one a small workshop by Chris Taua on her PhD work related to stories of people with intellectual disability in the Mental Health System and Sarah MacDonald and her PhD on young people with intellectual disabilities exiting care. It was a very informative event and we thank Chris and Sarah.

QLD ASID also held State Conference. James Risby a young man with a disability and his mother Lisa travelled from Tasmania to speak on their engagement with NDIS. They spoke eloquently and movingly of their journey into this daunting, promising, yet still imperfect system. Other speakers at the event were representatives of British Institute for Learning Disability and also Simon Wardell who spoke of the interface between NDIS and forensic systems.

Tasmania

by Darryleen Wiggins

Ben Crothers and myself have been enthusiastically representing ASID Tasmania on the Australasian Board. Ben as a board member and on multiple sub-committees and myself as board member and now editor of IDA.

Our regional committee meetings have been spent looking at the strategic business plan and developing a new initiative around Research to Practice Training Seminar's to be held in the south within the next couple of months. Regional committee members are committed to ensuring ASID's tag line Research to Practice is supported in Tasmania and we feel that this seminar will be a successful venture.

We have formed two sub-committee's that are working towards their individual goals. The first is the events committee and the other is the membership committee. The events committee looks at *continued page 13*

the ASID Tas events and makes recommendations to the board on the regional activities and the membership committee looks at out membership and ways to increase or retain membership in our region.

Long term committee member Libby Richardson from Life without Barriers recently resigned from the committee and we thank her immensely for her contribution to ASID Tasmania and the Australasian Board over the past 5 years.

NSW & ACT

By Tina Purdon

If you enjoyed the fabulous ASID 2013 Conference in Sydney last year, then this is your chance to attend the 2014 Regional ASID NSW / ACT Conference.

And if you missed out last year, then why not join us for our 2014 Regional Conference and experience the great event of an ASID Conference for yourself.

RISING TO THE CHALLENGE

Will be an interesting and informative an 2 day experience hosted by ASID NSW / ACT in partnership with Centre for Disability Studies (CDS).

Waterview at Bicentennial Park, Homebush

Is a wonderful venue with easy access, parking and central location at the heart of the Olympic site in Sydney.

Thursday 18th and Friday 19th September, 2014

Is a great time to visit Sydney - enjoy the event in Springtime in this iconic setting

Program aims to cover ;

- Lived Experience and Self Advocates,
- the National Disability Insurance Scheme and experiences from the launch sites,
- what's happening with Education & Employment,
- Innovations in Accommodation ,
- Knowledge Translation and many more.

Check out the details on facebook

www.facebook.com/ASIDNSWACT

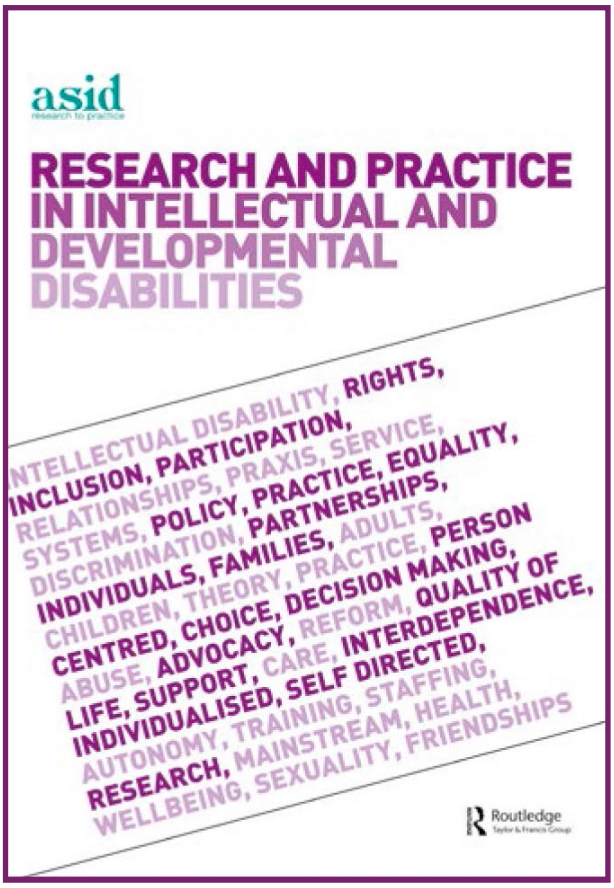
or visit the ASID website

www.asid.asn.au/Regions/NewSouthWales.aspx

Registrations now open!

now available online

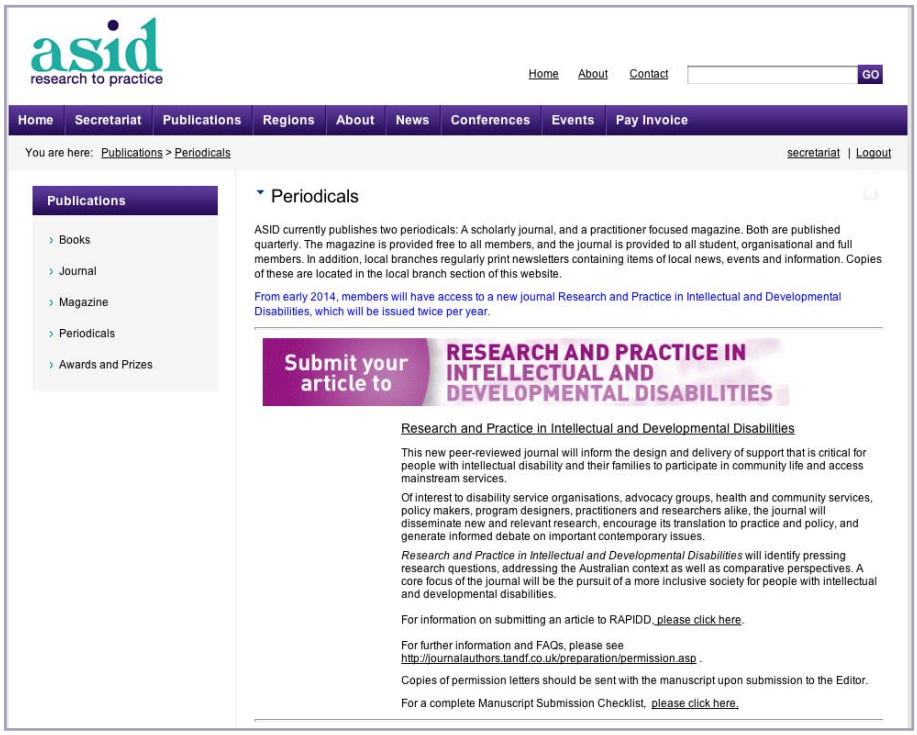
Research and Practice in Intellectual and Developmental Disabilities (RAPIDD)



RAPIDD is a journal of the Australasian Society for Intellectual and Developmental Disability published by Taylor and Francis twice a year. Its primary aim is to draw out the implications of research for practice and policy. The journal also aims to generate informed debate on contemporary issues that matter to lives of people with intellectual disability and their families. The focus is not only new empirical research, but also ideas and commentary about existing studies, the literature, policy and practice. Everything we publish aims to inform thinking about the design and delivery of specialist support and mainstream services that facilitates social inclusion and enhances quality of life of people with intellectual disability.

The Australasian context and people with intellectual and developmental disability are the core focus. However, comparative perspectives that explore similarities and differences with other countries or other groups of people with disability are also of interest. Such comparison helps to draw out both the unique and common issues that confront people with intellectual disability and Australasian practitioners.

The journal aims to create a constructive dialogue between the sometimes differing perspectives of managers, practitioners, academics, families, people with intellectual disability, advocates, funders and policy makers. It will provide space to consider the interface and respective roles of communities, families and service systems, both disability and mainstream.



To access the Journal, you will need to:

- login to the ASID website www.asid.asn.au
- go to the Publications tab and
- click on Journal

From the Journal page,

- click on the link below the RAPIDD information,

This link will take you to the electronic version of the publication.

Open Access Resources

Members for a number of years had access to the EBSCO database which provided people with the ability to find journal articles which would support evidence based practice. The Board recently made the decision to stop the subscription to EBSCO due to the significant cost and the limited use it was receiving.

Members may not be aware that there are many resources available that will provide free access to evidence based resources. More and more articles are being places on what is known as "*Open Access*" which means articles associated will be freely available.

It is worth checking out the

- Directory of Open Access Journals
  http://doaj.org/

There is a range of services that also provide access to freely available articles which include:

- PubMed Central
  http://www.ncbi.nlm.nih.gov/pmc/
- BioMed Central
  http://www.biomedcentral.com/journals
- HighWire
  http://highwire.stanford.edu/lists/freeart.dtl

There are many journals which are worth checking out that offer open access. Some examples include:

- Australasian Medical Journal
  http://www.amj.net.au
- BMJ Open
  http://bmjopen.bmj.com/
- CMAJ Open
  http://www.cmajopen.ca/
- PLOS Medicine
  http://www.plosmedicine.org
- SpringerOpen
  http://www.springeropen.com/journals
- The Cochrane Library - Freely available within Australia only
  http://www.thecochranelibrary.com
- New England Journal of Medicine
  http://www.nejm.org/

The following open journals have limited content currently available but may be useful resources in the future:

- Medical Journal of Australia - MJA Open
  https://www.mja.com.au/open
- Elsevier
  http://www.elsevier.com/about/open-access/open-access-journals
- Science Direct Open Access
  http://www.sciencedirect.com/science/jrnlall-books/all/open-access
- Taylor and Francis Open Access
  http://www.tandfonline.com/page/openaccess/openjournals
- Wiley Open Access Journals
  http://www.wileyopenaccess.com/view/journals.html

Another option is to explore what are commonly known as Institutional repositories. Many universities are now creating excellent databased on resources and are worth. A few examples are:

- espace @ Curtin
  http://espace.library.curtin.edu.au

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Open Access Resources

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- Australian OA repositories
  http://aoasg.org.au/open-access-repositories-at-australian-institutions/

You will also find that books are becoming more available as free on-line resources. The following are some resources that provide access to the online collections:

- Directory of Open Access Books
  http://www.doabooks.org
- InTech Open
  http://www.intechopen.com/
- National Academies Press
  http://www.nap.edu
- NCBI
  http://www.ncbi.nlm.nih.gov/books/

Members might be interested in accessing data and statistics. The following two sites are excellent sources

- Australian Bureau of Statistics
  http://www.abs.gov.au/
- Australian Institute of Health and Welfare
  http://www.aihw.gov.au

It is always worth checking out what membership of library's (often free) might provide you with regards to accessing materials . Generally State Libraries in Australia provide members with access to electronic resources including e-books and journals. Examples include:

- State Library of Western Australia
  http://www.slwa.wa.gov.au/find/eresources/for_slwa_members
  will provide e-resources available to SLWA members – includes e-book, e-journals and e-newspapers accessible from home.
- ACT Government Libraries
  http://www.library.act.gov.au/eresources
- LINC Tasmania
  http://www.linc.tas.gov.au/research/formats/eresources
- Northern Territory Library
  http://artsandmuseums.nt.gov.au/northern-territory-library/online_resources/eresources
- State Library of New South Wales
  http://www2.sl.nsw.gov.au/eresources/?HomeLink=eresources
- State Library of Queensland
  http://www.slq.qld.gov.au/search/eresources
- State Library of South Australia
  http://www.catalog.slsa.sa.gov.au/search/y
- State Library of Victoria
  http://www.slv.vic.gov.au/explore/research-tools/access-eresources-home

If you have any other great ideas for resources that would benefit members of ASID please contribute these to IDA and they can be shared.

ASID would like to acknowledge the assistance of Rosalind Dunning, Curtin University Librarian for her work and expertise in compiling this resource list.

call for nominations

ASID Awards for 2014

ASID Distinguished Service Citation

Nominations should be in writing and, ideally, submitted electronically. There is no specific application form that needs to be completed. The nomination should be accompanied by a brief biography of the person being nominated. This biography should include details that establish the nominee's distinguished contribution to ASID which had enhanced ASID's profile and/or operation. The nomination should be signed by at least two current ASID members. Current members of the Australasian Board are not eligible for nomination.

Honorary Title: Fellow of ASID (FASID)

The title may be conferred on individual ASID members (including all classes of individual membership) in recognition of the member's exceptional and significant contribution to the field of intellectual disability. This contribution will have been in one or more of the following areas:

- Research,
- Service provision (including service development or improvement, administration),
- Advocacy and/or self-advocacy,
- Professional practice, and
- Teaching and staff training.

Nominations need only address one of these areas, but may address more than one if the nominee has made an exceptional contribution in more than one area. Nomination forms, with full details are available from The Secretariat.

Individual members who are awarded the title Fellow of ASID (FASID) will receive a certificate, presented at the Annual Conference, and thereafter will have the right to use the title Fellow of ASID (FASID). However, Fellow of ASID (FASID) is an honorary title, not a class of ASID membership, and the member will need to continue to pay his or her membership dues to maintain current membership.

The decision to award an ASID Fellowship is based on the following criteria:

- Exceptional and significant contribution to the field of intellectual disability,
- Substantial duration. (at least 7 years),
- Broad impact across a province or state, nationally or internationally,
- Current financial member of ASID,
- Nominated and seconded by existing ASID members.

NOTE: Service to ASID is not a criterion for selecting ASID Fellows as the ASID Distinguished Service Citation focuses of service to ASID as an organisation.

ASID Research Grants

Consistent with Object Two (2) of ASID's Constitution ("*to promote the research and understanding of intellectual disability*") applications are invited from ASID Members for research grants of no more than $AD5000.

The following guidelines should be taken into account:

- Projects approved for ASID support will add to the knowledge base of intellectual disability,
- Applicants for ASID research grants must be able to provide evidence of approval of their project from a research ethics committee, or provide a commitment to obtain this approval,
- ASID will encourage partnerships for funding of research with other organisations that share the same values as ASID. This will not, however, exclude applications by individuals for research grants,

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call for nominations

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- Items of equipment will not normally be funded.
- The successful applicant(s) will be required to present the outcomes of their research at an ASID function,
- The decision of the Research Grants Committee, once ratified by the ASID Australasian Board, is final and no further correspondence will be entered into,
- The Research Grants Committee will seek regular progress reports plus a final report on the progress of the sponsored research, and report the same to the Australasian Board.

Applications should include:

1. The name of the researcher and / or organization(s), and reason for their interest in this research subject,
2. The application should describe the beneficiaries of the project and how it will add to the understanding of intellectual disability,
3. An outline of the project for which support of the research grant is sought, including:
   - method to be employed in gathering data,
   - method of analysis,
   - the power of the project,
   - consent procedures,
   - the plans for ethical approval,
   - a time line with critical milestones and an expected date of completion,
   - a budget.

ASID Media Awards

The Media Awards are an initiative of The Board of the Australasian Society for Intellectual Disability

The Media Awards are designed to:

- Encourage the Australasian media to report the activities, lifestyles and concerns of people with a disability in a fair and accurate manner with due regard to appropriate language, context and content; and
- Recognise and acknowledge individual journalists for presenting fair accurate and positive reports of people with intellectual and / or related disability.

Under the terms of reference for the Media Award endorsed by The Board, there are two mechanisms available to ASID for recognising and reinforcing positive reporting:

- At a Regional level & / or Australasian level, Certificates of Recognition can be issued by ASID as and when deemed appropriate; and
- At an Australasian level, Media Awards can be presented at the Australasian conference, on the recommendation of a Regional association that is in turn endorsed by The Board.

Articles or segments are to be nominated by either ASID members or other interested persons in the Region where the item has been published or broadcast. In the case of articles or segments which have Australasian coverage (e.g., published in an Australasian newspaper or broadcast on a Australasian television programme), having been discussed and endorsed on merit by a Regional association, should be referred to The Australasian Board for consideration. Where an article or segment is considered to be of outstanding merit, The Australasian Board will consider issuing a Media Award.

Submission for All Awards

Award nominations must be received at The Secretariat by Friday 26 September 2014 via e-mail secretariat@asid.asn.au and will be reviewed by the Australasian Board with successful nominees announced during the Australasian Conference to be held in Freemantle, Western Australia. Any enquires should be directed to Sharon Brandford, Vice President on srbrandford@gmail.com

upcoming events

8 - 9 Sep 2014	**Solutions to Inclusion Conference 2014** Darebin Arts & Entertainment Centre Cnr Bell St & St Georges Rd, Preston, Victoria, Australia 3072
8 - 9 Sep 2014	**Person Centredness in Employment Settings for People with a Disability Workshop** Centre for Disability Studies. University of Sydney. Camperdown.
16 Sep 2014	**Working with People who have an Intellectual Disability and Dementia** Hamilton, NSW www.fightdementia.org.au/common/files/NSW/20140113-NSW-FLR-ID-Hamilton2014.pdf
18 - 19 Sep 2014	**ASID NSW/ACT in collaboration with The Centre for Disability Studies (CDS)** ***'Rising to the Challenge'*** Waterview at Bicentennial Park, Homebush
1 - 2 Oct 2014	**Living My Way: Being Prepared Conference for Disability Services** Western Suburbs Leagues Club, Hobart Rd, New Lambton, NSW Organisers – Aboriginal Disability Network NSW Inquiries Carol Vale, Murawin carol@murawin.com.au

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Advertising in online IDA

Advertising space will still be available in the new online format. The space offered is similar to the two options we had for the printed IDA: (A) quarter page ad and (B) insert.

The new options are:

(A) including a small ad in the emailed summary newsletter and including a larger (approx. quarter page) ad in the magazine in the ASID website linked to the newsletter, or,

(B) which includes (A) plus the hosting of a linked downloadable pdf of all the information that would be in an insert (file size restrictions apply).

IDA will also be available for printing upon request by members during a transition period. Your pdf insert will be included at full size in this format.

The summary newsletter is emailed to all ASID members and the magazine is available in the members only section of the ASID website www.asid.asn.au.

As each new IDA is released, the archive of the previous issue will still be available.

The prices for (A) and (B) are the same as before $176 and $242 (incl GST).

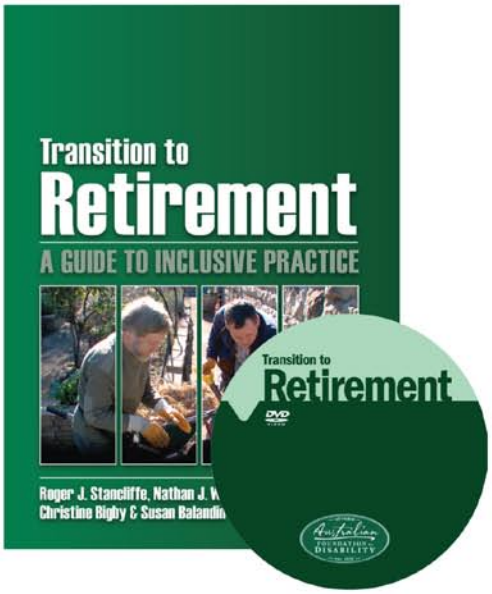
For more details contact the Editorial Assistant at krvt@optusnet.com.au

Note: acceptance and publication or distribution of material does not indicate endorsement of a position, program, material or product by the Australasian Society for Intellectual Disability.

upcoming events (continued)

6 - 8 Oct 2014	**NZ Population Health Congress** ***CONNECTING COMMUNITIES, POLICY AND SCIENCE*** Aotea Centre, Auckland,
14 Oct 2014	**Autism Central Exhibition UK** www.qac.ac.uk/events/autism-central–tuesday-14th-october-2014/124.htm#.U_6n8jgcTMA
15 - 16 Oct 2014	**25th PANDDA 2014 Conference for NURSES in DISABILITIES in AUSTRALIA** ***Through the looking glass: wisdom, reflection, experience*** The Novotel Hotel, Church St, Parramatta, NSW www.pandda.net/PANDDA/Conference_2014.html
23 - 24 Oct 2014	**National Respite & Community Care Conference** Novotel Parramatta, 350 Church St, Parramatta, NSW www.etouches.com/ehome/index.php?eventid=93514&
5 - 7 Nov 2014	**49th Annual ASID Conference** ***All Aboard!*** Esplanade Hotel, Fremantle, Western Australia www.asid.asn.au
7 Nov 2014	**Developmental Disabilities, Challenging Behaviour & Mental Health Conference** Footbridge Theatre, University of Sydney sydney.edu.au/health-sciences/cdrp/events/current-events.shtml
10 - 11 Nov 2014	**National Acquired Brain Injury Conference** Sydney Harbour Marriott
12 - 14 Nov 2014	**31st NADD Annual Conference & Exhibit Show** Hilton Palacio Del Rio, San Antonio, Texas, USA thenadd.org/2014cfp/
17 - 19 Nov 2014	**International Forum on Disability Management** Melbourne, Australia www.ifdm2014.com.au
27 - 28 Nov 2014	**2nd Annual Integrating Mental Health into the National Disability Insurance Scheme** Radisson Blu Plaza Hotel Sydney
3 Dec 2014	**International Day of People with Disability** www.idpwd.com.au/

If you want to advertise your conference in IDA's upcoming events section, please e-mail: darryleen.wiggins@startas.org



Transition to retirement
A guide to inclusive practice

Roger J. Stancliffe, Nathan J. Wilson, Nicolette Gambin, Christine Bigby & Susan Balandin
PB + DVD, ISBN 9781743323274, RRP $25 plus postage

The Transition to Retirement program aims to help older people with long-term disability gradually build an active and socially inclusive retirement lifestyle through volunteering and participating in mainstream community groups. The TTR manual and DVD provide implementation details for all components of the TTR program and include brief accounts of individual participant's experiences and practical tips. Planning forms and a thorough explanation of the process of teaching a person with long-term disability to use public transport independently are also included.

See preview on Google Books: http://ow.ly/B7cGx

[The] guide is full of sensible advice and useful suggestions. By referring to the experience of real people, going through real transitions, spelling out the opportunities and risks, the guide shows readers what to expect.

The Hon Susan Ryan AO, Age Discrimination Commissioner, Australian Human Rights Commission

The Transition to Retirement (TTR) program has been developed in response to a genuine problem: the need for an effective approach to supporting older employees to build an active, socially inclusive lifestyle after retirement ... The TTR program emphasises social inclusion. It is consistent with the focus of the National Disability Insurance Scheme (NDIS) on building community participation and independence. It is also consistent with the National Disability Strategy's emphasis on promoting social inclusion in mainstream community settings and service systems.

Ken Baker PhD, Chief Executive, National Disability Services

This book is an excellent resource ... The model incorporated and reflected best practices ... The total package of book and ... DVD has rich and useful material ... an excellent resource for supporting more inclusive communities, presenting solid and research-based strategies and recommendations ...

Angela Amado PhD, University of Minnesota in Research and Practice in Intellectual and Developmental Disabilities, *1(1), July 2014.*

Special offer for the readers of IDA.
Please use the code: IDA14 for $5 discount of RRP.
Valid till 30 January 2015.

Available online from purl.library.usyd.edu.au/sup/9781743323274

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49th Annual ASID Conference

2014

Destination FREMANTLE - Western Australia

Date 5th – 7th November 2014

Location ESPLANADE HOTEL

ALL ABOARD!

asid 2014

www.asid.asn.au

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asid

research to practice