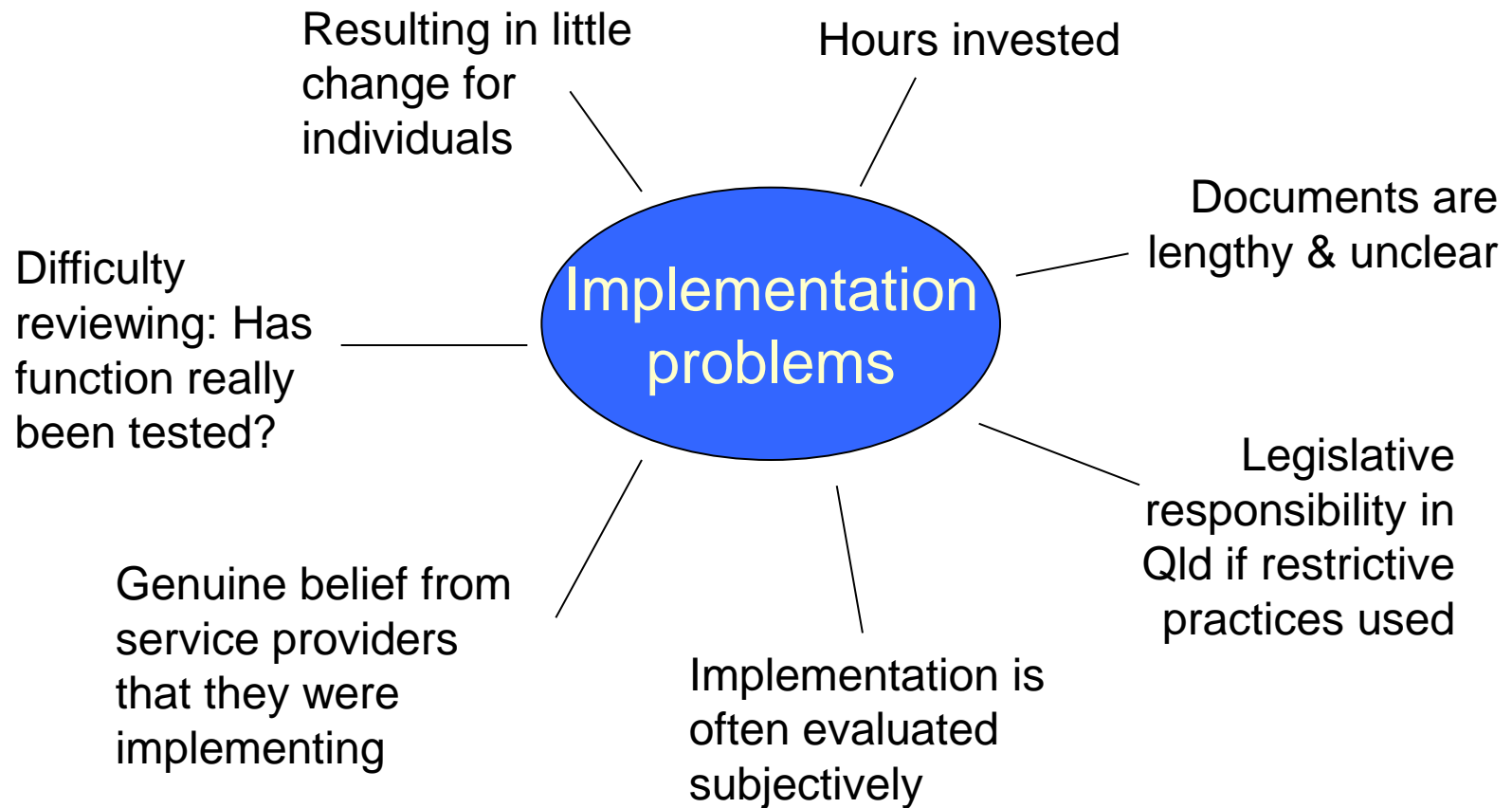




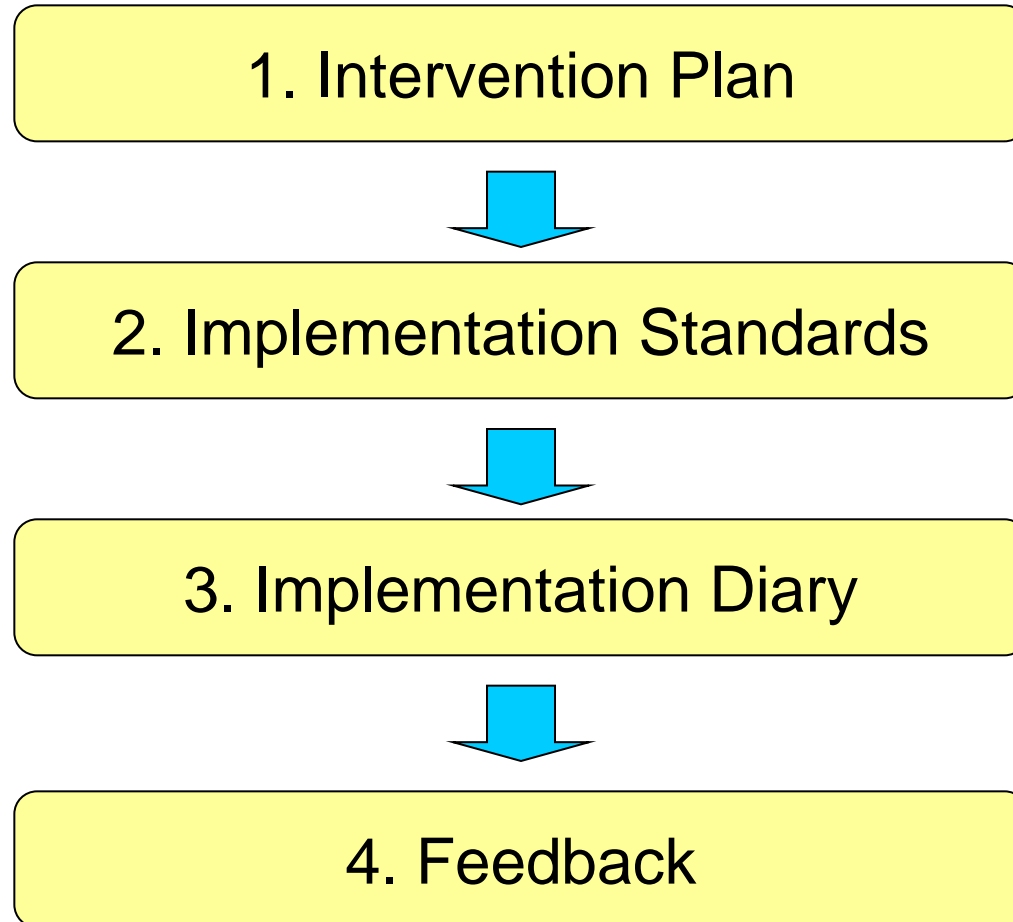
# Putting Plans into Practice

Tools for Improving the Implementation of  
Behaviour Support Plans with Direct Care  
Providers

# Behaviour Support Plans



# Tools



# 1. Intervention Plan

- **Identify the core components of the Intervention Plan**

## **EXAMPLE:**

Plan says... “the strategy will provide [service user] with proprioceptive input through crash activities at the gym”

## 2. Implementation Standards

- **Convert these core components into implementation standards.**

Example:

- Service user to attend gym twice a week
- Service user was supported to participate in crash activities at gym twice a week

IMPLEMENTATION DIARY CRITERIA CHECK LIST

IMP. DIARY Q. NO.	CRITERIA NO.		CRITERIA APPLICABLE YES / NA	CRITERIA MET YES / NO
		Crash activities:		
4		PCYC - did Service User attend PCYC?		
5		PCYC - did Service User participate in crash activities at PCYC?		
	6	Future Planning Sensory Stimulation / proprioceptive Input (phase two)		
		N/A AT THIS TIME		
	7	Communication		
		Service User's communication Profile		
17	a	Staff able to identify as least one aspect of Service User's body language as communication		
		Verbally interacting with Service User		

## 2. Implementation Standards

Useful standards:

- Clarify what support team are expected to do within their role
- State what is expected in measurable terms
- Are scored '*Standard met*'; '*Standard not met*'; '*Standard not applicable*'
- Measure actions within the control of the support team regardless of the persons behaviour
- Inform the development of Implementation Diary and/or observation checklist

# 3. Implementation Diary

- With the standards set it is possible to develop questions for the implementation diary
- A purpose designed recording sheet
- Useful questions in a diary:
  - Act as a regular reminder of what's important
  - Clearly show if each standard has been met
  - Require knowledge of the intervention to record “correct” answer
  - Prompt reflective practice

**IMPLEMENTATION DIARY SHEET**

DAY	DATE	___ / ___ / 2010
-----	------	------------------

Staff on Duty AM: \_\_\_\_\_ Staff on Duty PM: \_\_\_\_\_

1. What activities did \*\*\*\* plan using his wall planner? Which activities were completed?

Timeframe	Activities Planned	Activities Completed
Morning		
Afternoon		
Evening		

2. What photos were used with the Wall Planner? AM SHIFT: \_\_\_\_\_

**5. Did \*\*\*\* attend PCYC today?  Yes  No**

4. If \*\*\*\* was present, detail how \*\*\*\* participated in the activity? \_\_\_\_\_

5. Did \*\*\*\* attend PCYC today?  Yes  No

5a. What activities did \*\*\*\* do at the PCYC? \_\_\_\_\_

6. Detail how \*\*\*\* participated in helping prepare his meal? \_\_\_\_\_

**5a. What activities did \*\*\*\* do at the PCYC?**

	AM SHIFT	PM SHIFT
8. How many times was **** redirected to use the toilet?		
9. How many times did **** actually use the toilet?		
10. How many times was **** incontinent of urine/faeces?		

11. What cues did \*\*\*\* display to indicate that he needed the toilet? \_\_\_\_\_

12. Was the reinforcer given to \*\*\*\* for doing a poo/pee in the toilet?  Yes  No

	AM SHIFT	PM SHIFT		AM SHIFT	PM SHIFT
13. Was the sensory program completed today?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No
14. Was the tactile program completed today?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No
15. Was the weighted blanket used today?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> No

16. Describe what deep pressure massage you gave \*\*\*\* today? \_\_\_\_\_

17. How did you interpret \*\*\*\*'s body language as communication? \_\_\_\_\_

# Implementation Rate: How many standards were met?

- Did [service user] attend gym twice this week?
  - Yes
  - No
- Did [service user] participate in crash activities twice this week?
  - Yes
  - No

If 'Yes' then the standard was met ✓

$$\text{Rate} = \frac{\# \text{ standards met}}{\# \text{ standards applicable}} \times 100$$

IMPLEMENTATION STANDARDS FOR \*\*\*\*

IMP. DIARY Q. NO.	IMP. Q. NO.	STANDARD	YES / NA	YES / NO
		Crash activities		
4		Did **** attend gym twice this week?	YES	YES
5		Did **** participate in crash activities twice this week?	YES	YES
6		Future Planning Sensory Stimulation / pro		
17	a	Staff able to identify as least one aspect of ****'s body language as communication	YES	NO
		Verbally interacting with ****		
18	b		YES	YES

# 4. Feedback

**Summary of Plan Implementation for \*\*\*\***

**Date period: 25<sup>th</sup> April 10 till 26<sup>th</sup> May 10**

**Implementation**  
The Implementation Diary is the place to record implementation of the strategies in \*\*\*\*'s Plan. The graph below tells us what proportion of the plan we are implementing on a daily basis.

**What has been done well**

- ✓ The diary was completed every day, thank you!
- ✓ Communication strategies continue to be implemented the most consistently.
- ✓ It was recorded that \*\*\*\* participated in helping with his laundry on 7 occasions for this period, a good start for this new protocol!
- ✓ Reactive strategies (behavioural support) continue to be implemented as per the plan.
- ✓ The tariff program continues to be implemented on a frequent basis with 16 sessions this period!
- ✓ \*\*\*\* is getting some sort of deep pressure massage very frequently with 22 recordings for this period!

**What to focus on next**

- 4. The implementation rate dropped slightly this period to 51%
- 4. There is a lot of fluctuation in the daily implementation rate, lowest 30% to the highest 77% on the 6<sup>th</sup> of May, we need to work towards a more consistent daily rate aiming for a minimum of 85%, ideally **100%**

**(How to crash through the red zone....)**

- 4. \*\*\*\* met the criteria for attending gym and coach activities **TWO WEEKS OUT OF THE FOUR**.
- 4. \*\*\*\* met the criteria for participating in **FIVE** different types of community based activities in a **SEVEN** day period **ONE WEEK OUT OF THE FOUR**.
- 4. Some additional questions are now on the implementation diary to monitor consistency with a number of the plan's protocols, make sure you read the diary and answer **ALL** the questions.
- 4. Many questions are still being answered with stuff like "avoided trigger" or "redirected \*\*\*\*", these answers score a **ZERO** on the criteria check list. Anne will be spending time with you individually to go over this again!
- 4. Please remember, when answering these questions, state **EXACTLY** what you did. If you don't give any detail, the answer may score a zero. Here is an example of what could be written.

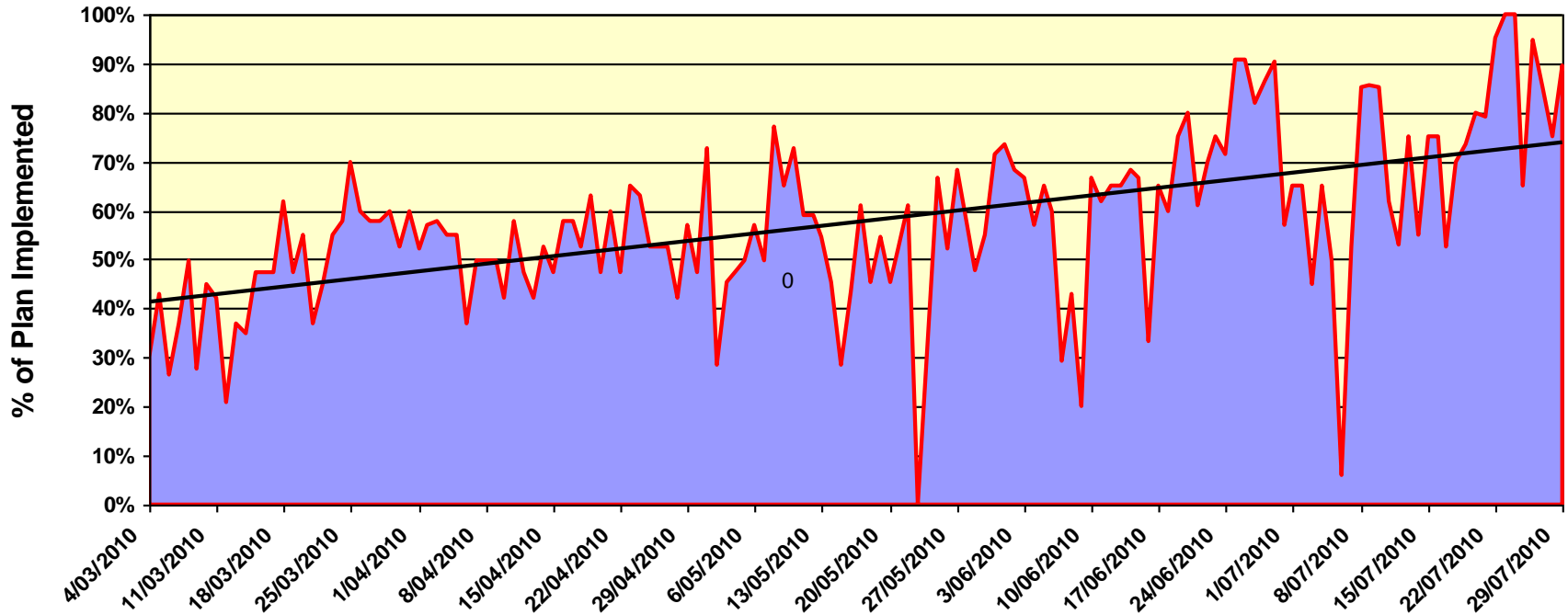
18. What did you do to respond to these cues?  
In a hallway to an activity, PRR notification, getting strategies, go back, increase frequency, soon, work on the trigger, change from spontaneous to deliberate.

19. How were known antecedents avoided?  
Walk back, stop, sit, listen, sleep, take to the kitchen, do not take any further in front of [redacted]

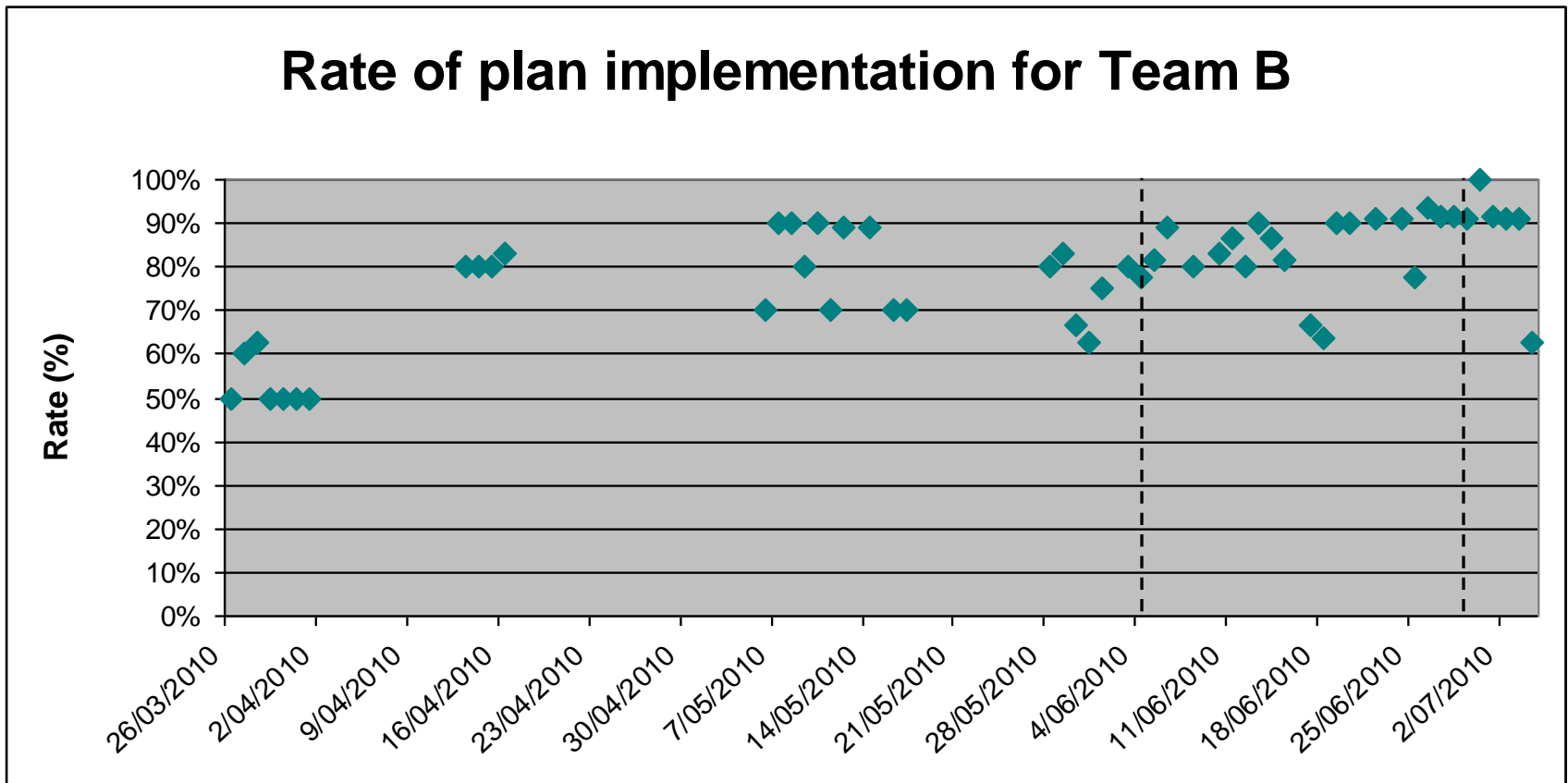
Take heart, the goal is achievable!  
A rising Implementation Rate represents a measurable improvement in \*\*\*\*'s Quality of Life.

# Evidence of effectiveness

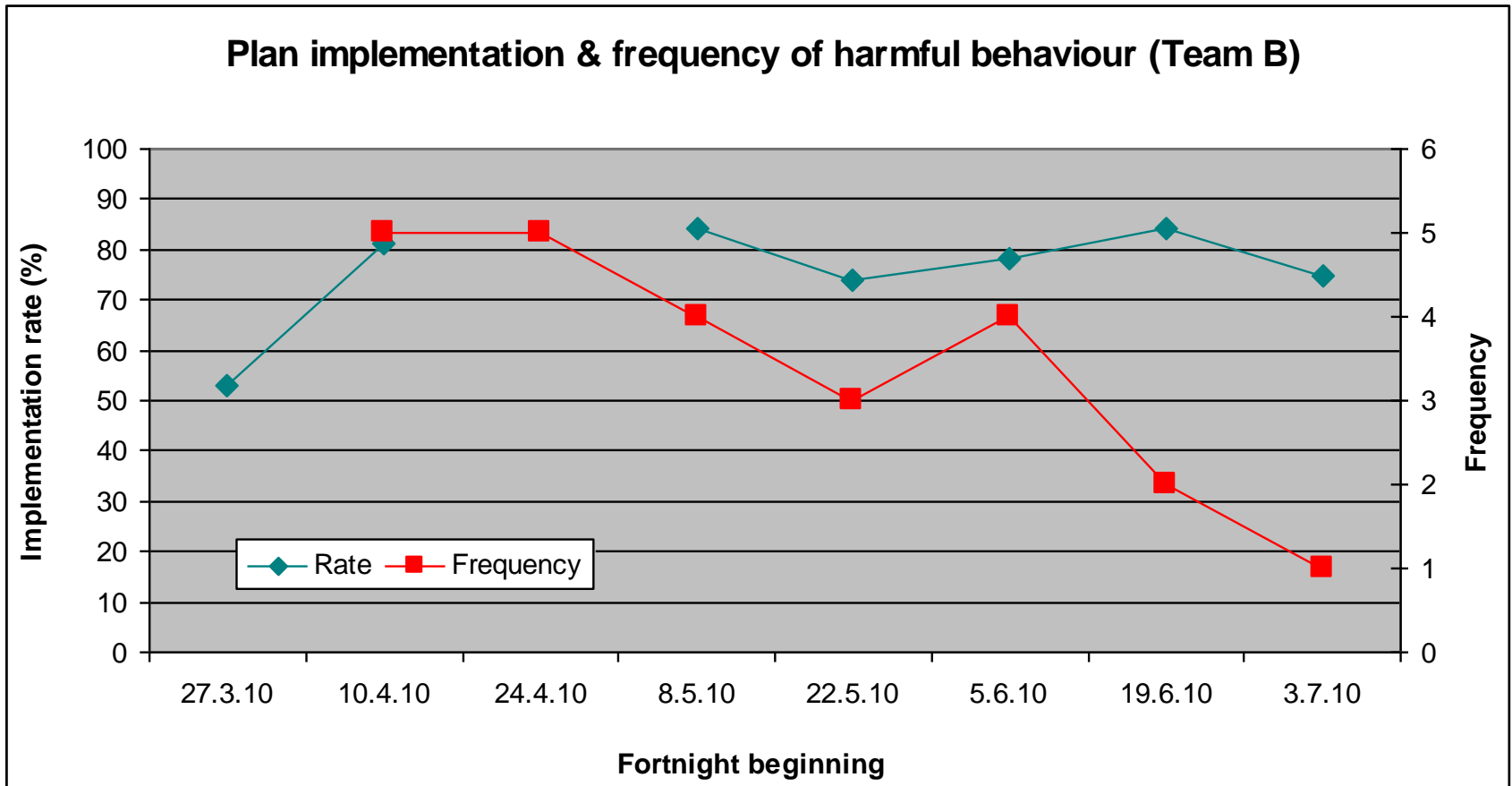
Rate of Plan Implementation for Team A



# Evidence of effectiveness



# Evidence of effectiveness



## Staff views

- “It made me see how relevant the questions in the daily diary are.”
- “The standards have clarified the purpose.”
- “The feedback helps identify weaknesses.”
- “How do you get the time to generate all this?”
- “Having this monitoring in place frees me up to really support the team. I’m not bogged down in administration.”

# Contact Details

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