



Just Include Me:

Co-produced Easy Read health literacy resources

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Acknowledgement of Country



CID Health Project

Working together for better health outcomes for people with intellectual disability.



Valuing different perspectives



In our communities and in our work.

Health Resources Group



Our working together group has taught us so much and we made a resource together.

New My Health Matters Folder



My Health Matters

by Council for Intellectual Disability

Workbook to support people to communicate about themselves and important health information.

My Health Conversation Cards



Conversation cards to support people to talk about themselves, physical and mental health.

Online training for health workers



Your health worker can learn about including people with intellectual disability in health care.

Stay in touch

Scan for **Health Resources**



www.cid.org.au/resource-category/health/

Scan for **Online Learning Information**



www.cid.org.au/justincludeme