

# Support model for seven people living in shared accommodation

Presented by *Melanie Ingham*

# Acknowledgement of Country

# Community Living Options

CLO

# CLO

Established in 1982 in Victor Harbor by parents who wanted independent accommodation for their adult children who were living with disability.

Now supporting people living with disability, children and young people across Adelaide. We also provide Community Nursing, Clinical and Therapeutic Care

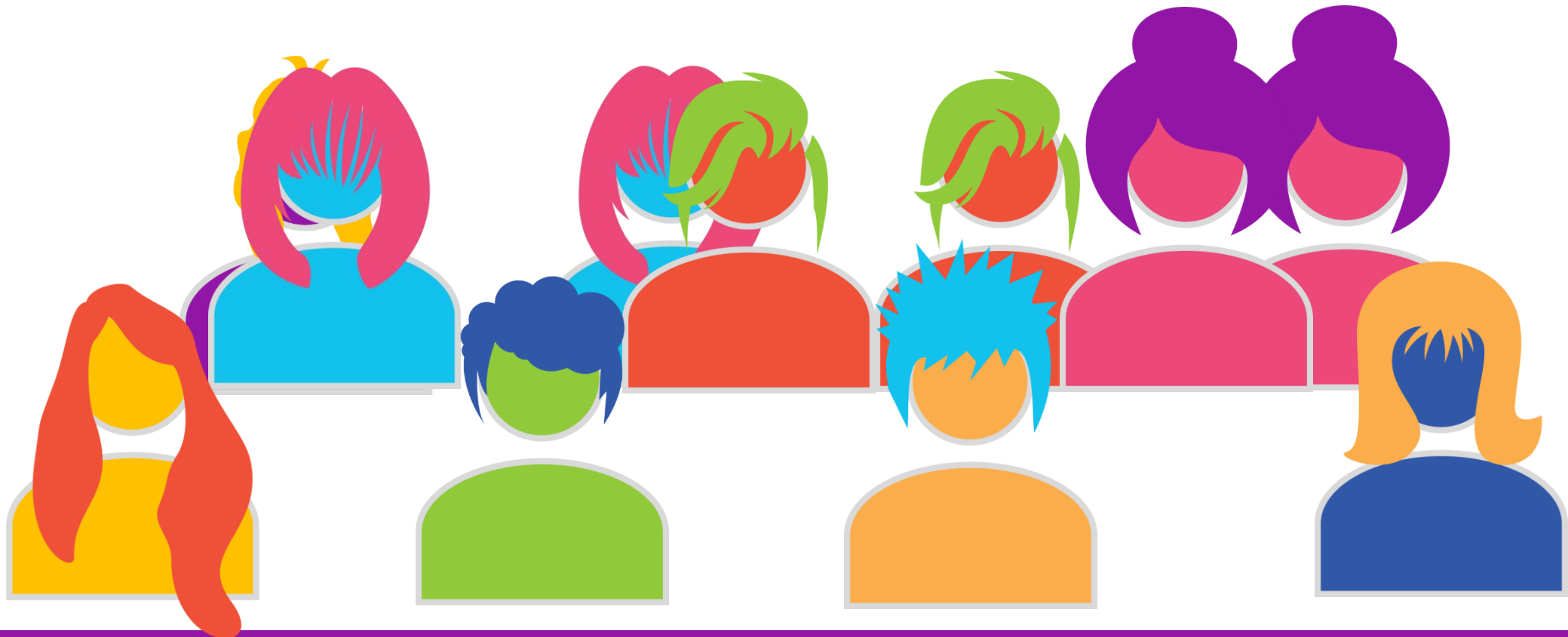
**Great Opportunities. Great Life.**

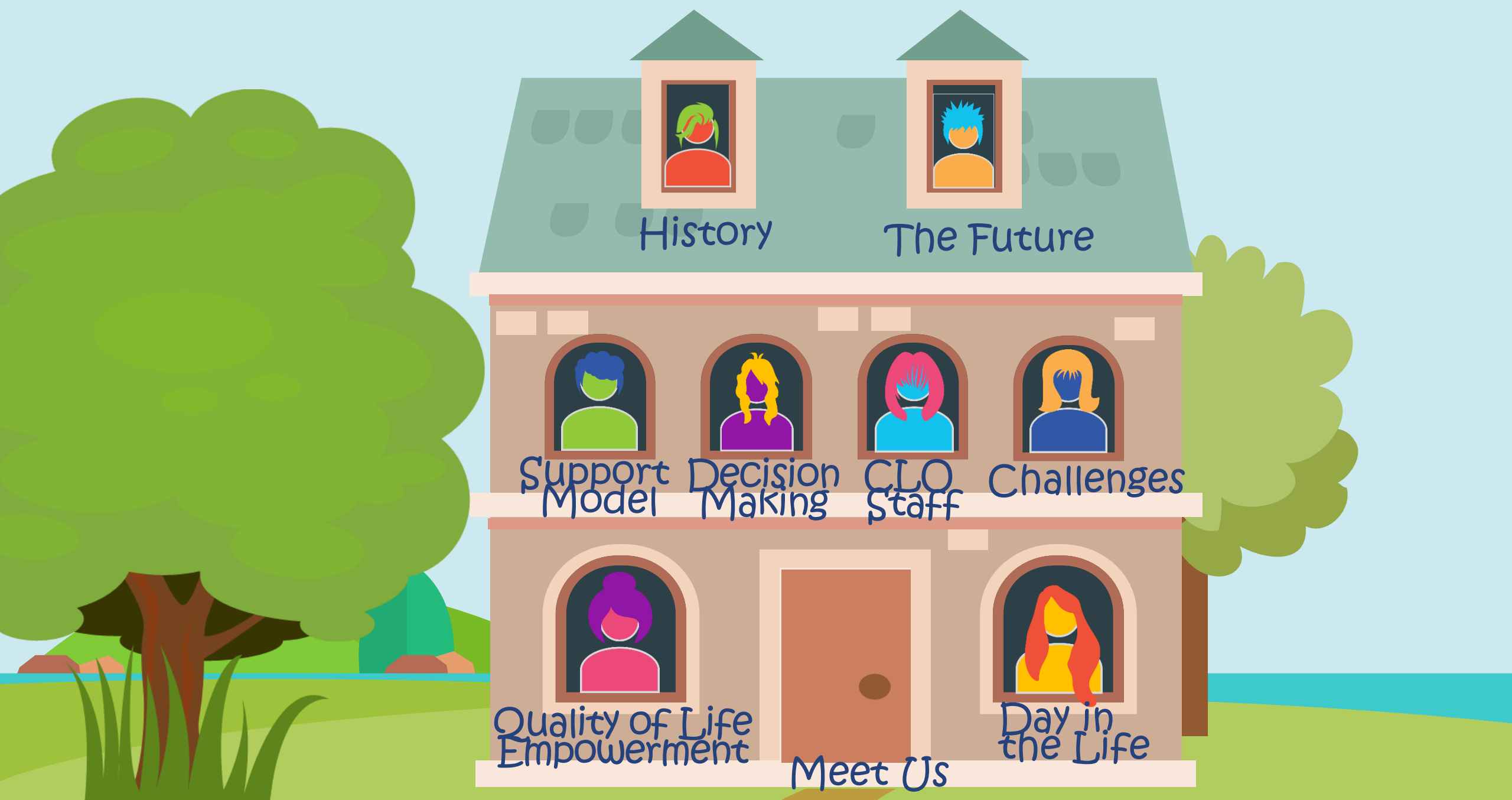
# Group Homes

eight

Group home for seven people

How we make it work





History

The Future

Support Model

Decision Making

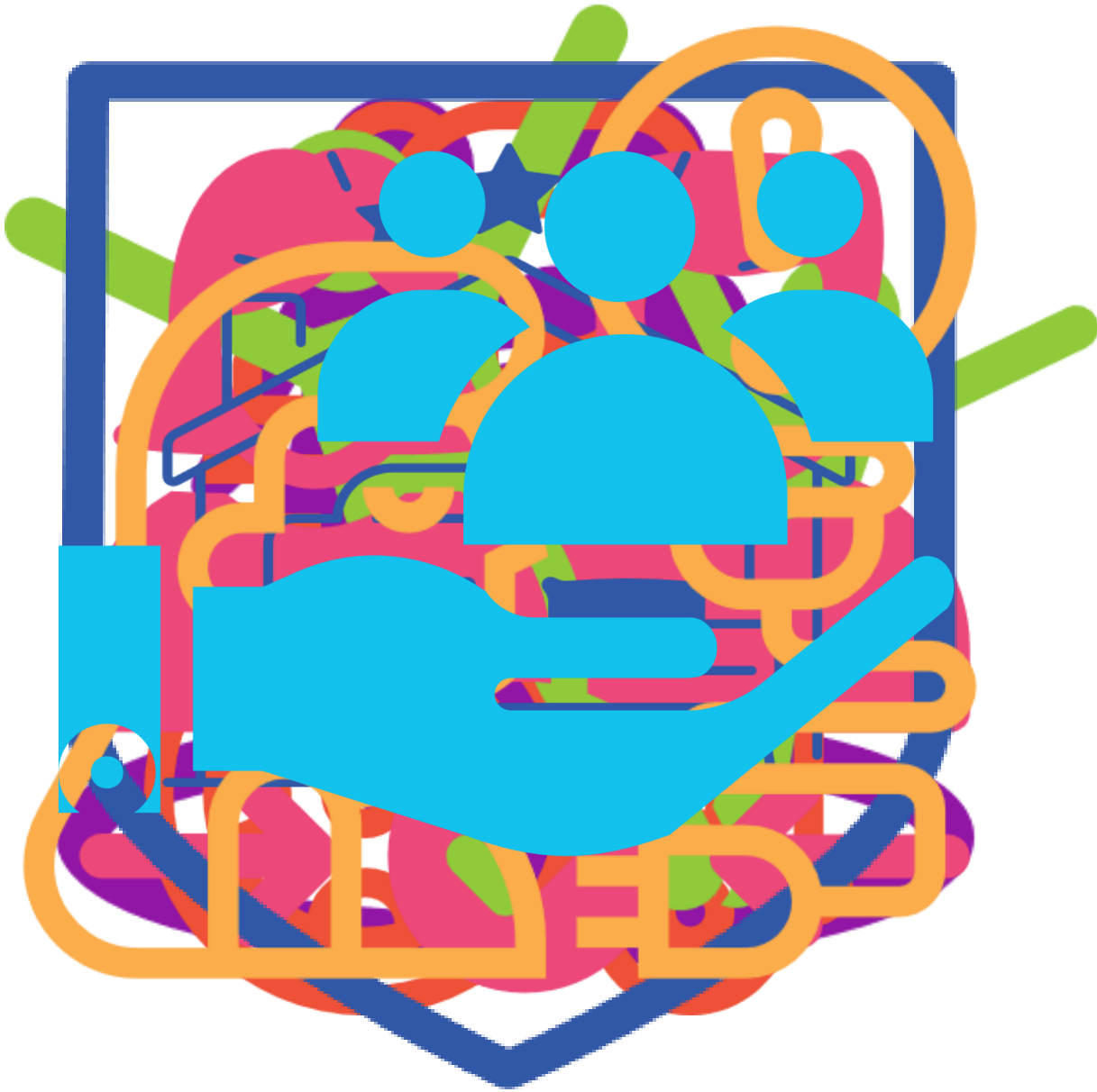
CLO Staff

Challenges

Quality of Life Empowerment

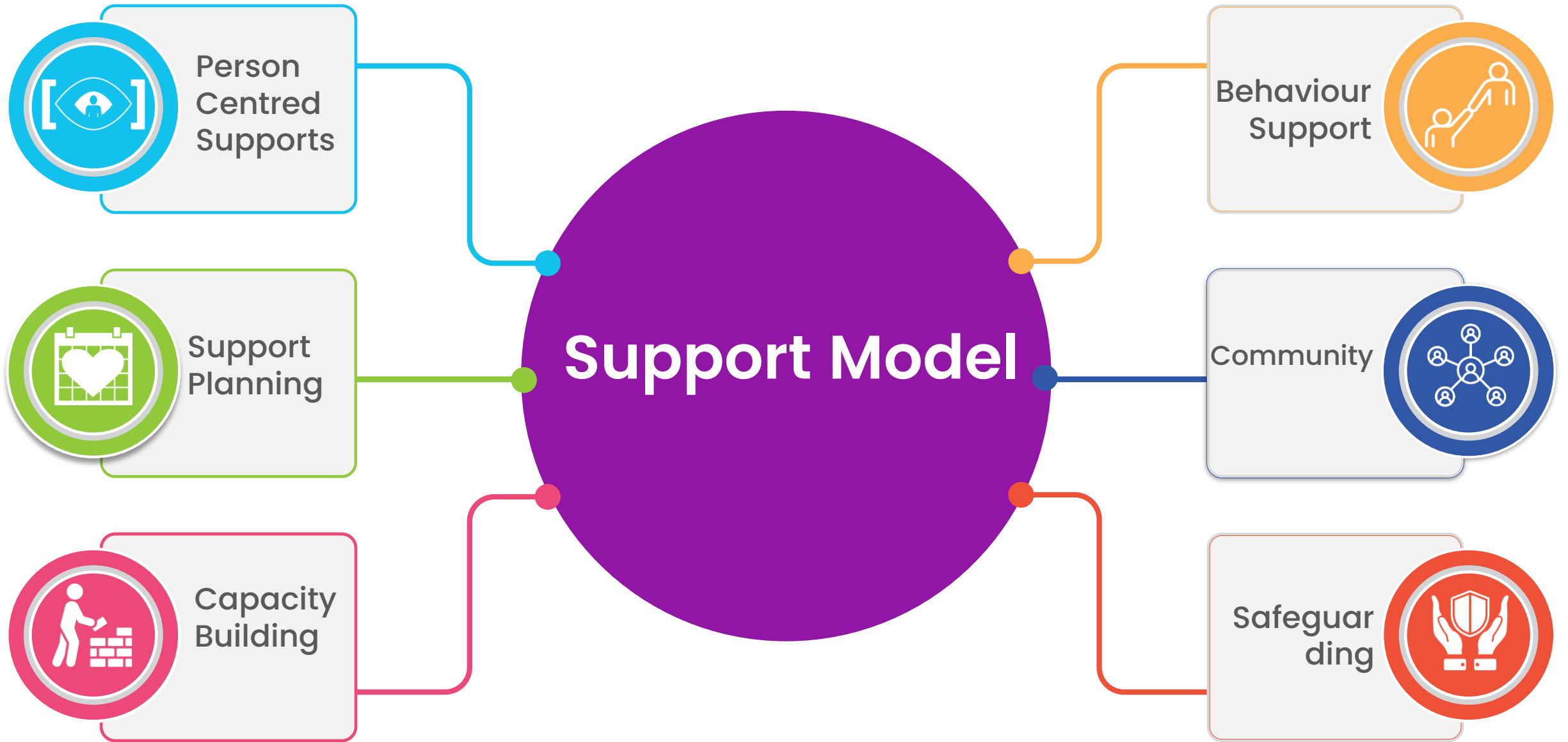
Meet Us

Day in the Life



Community living options  
are available for people  
with disabilities





“Listen to me”

Participant  
feedback systems



“My Goals”

Person Centred  
Planning

Active Support  
and  
Practice Leadership

Community  
Participation

Capacity Building &  
Supported Decision Making

1

Every  
moment has  
potential

2

Graded  
assistance  
to ensure

Engagement

success

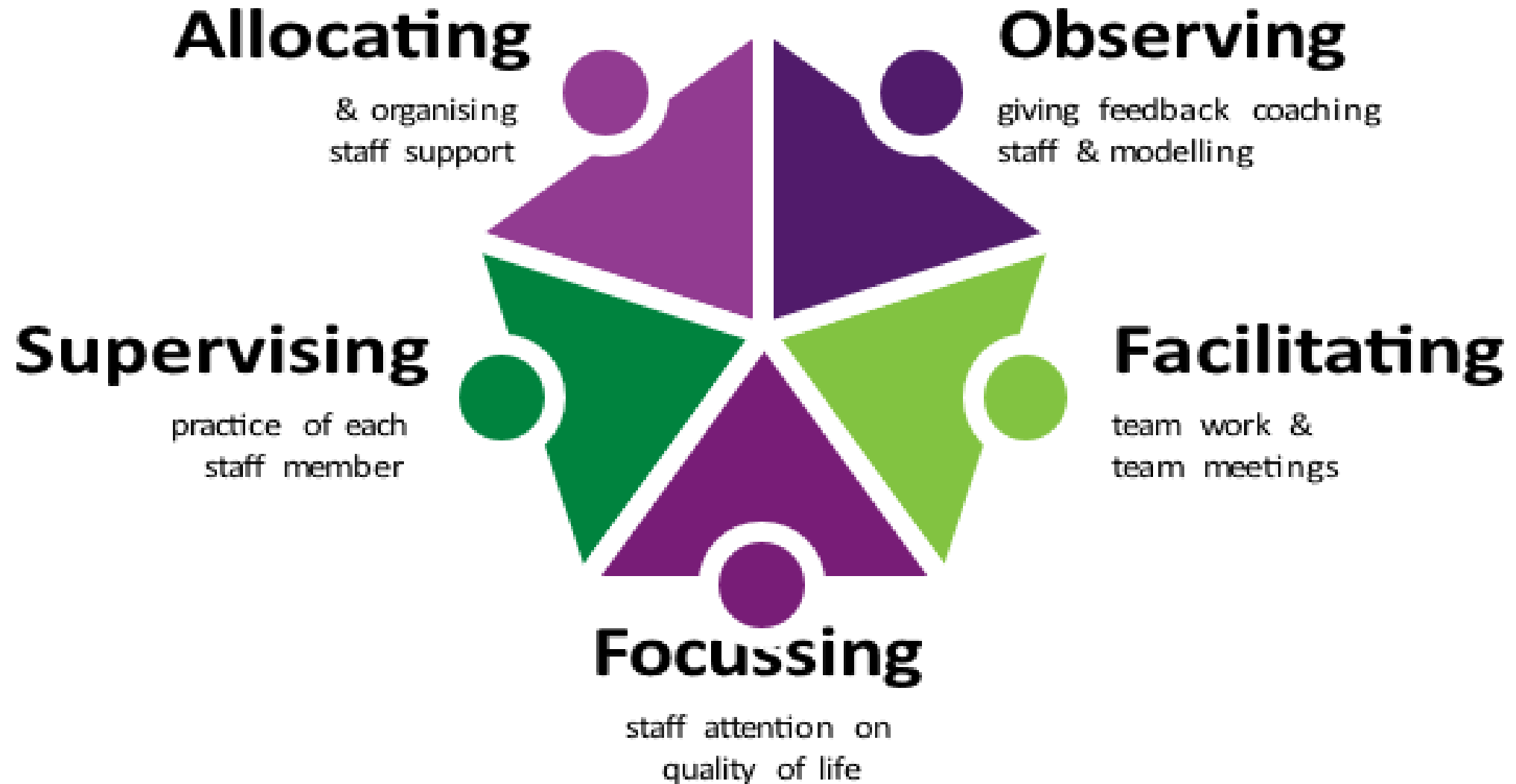
Little and  
often

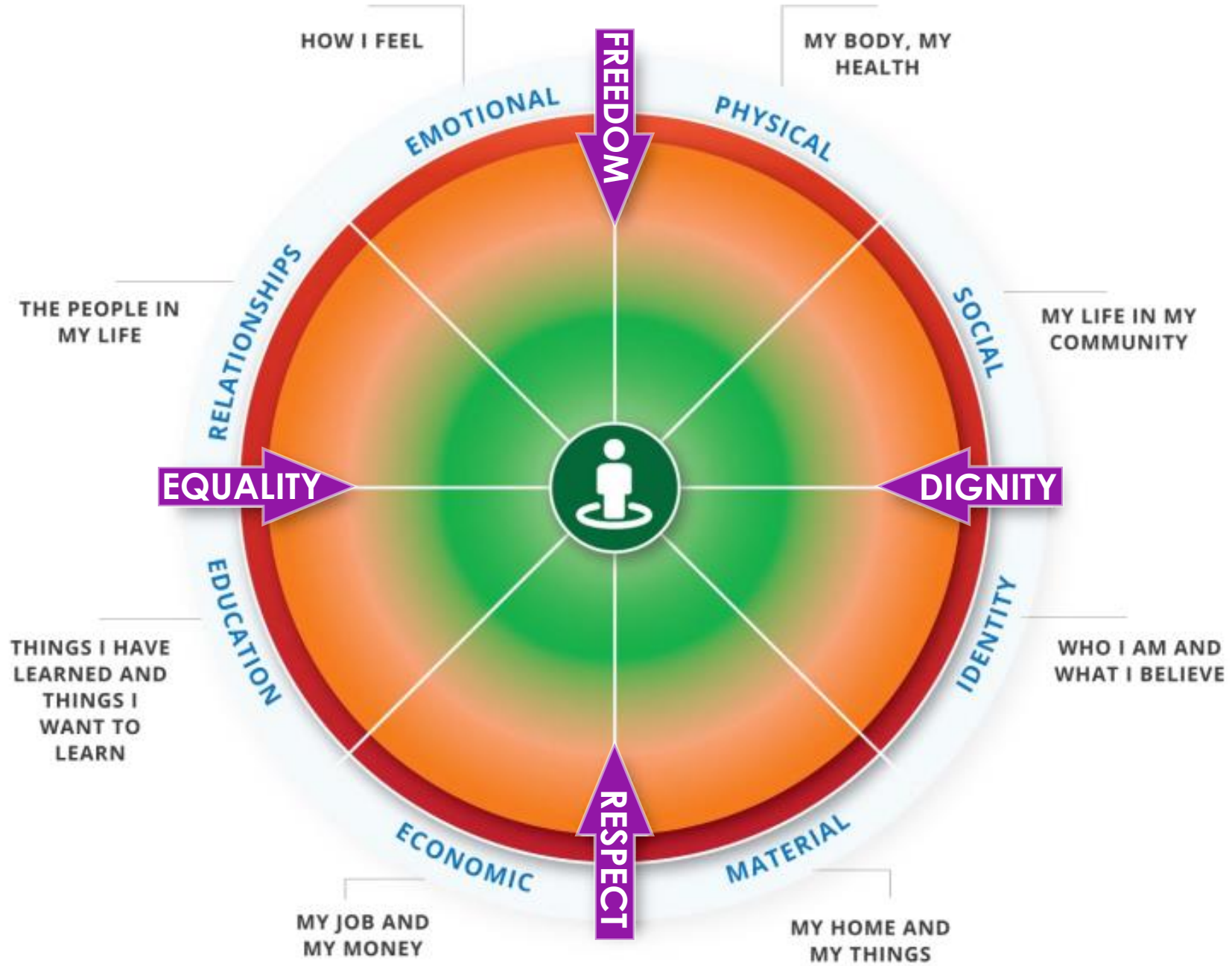
Maximise  
choice and  
control

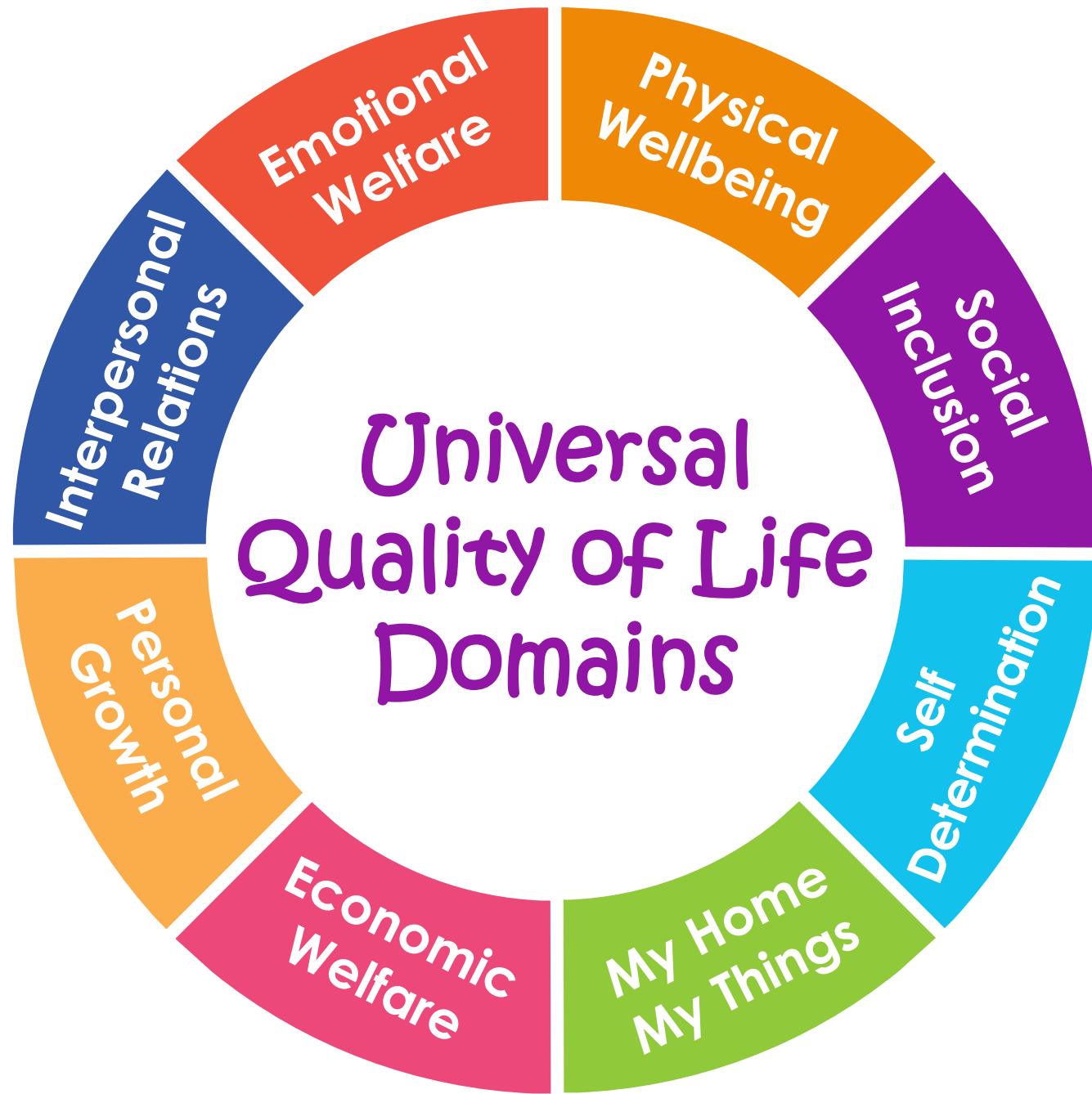
4

3

# Practice Leadership











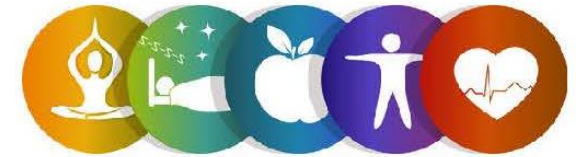
**Name:**

**Date:**

Who helped me prepare this?

# Contents

1. About me
2. What I like
3. What I don't like
4. How I want others to treat/support me
5. How I communicate and make decisions
6. Important people to me
7. My home
8. My health and supports
9. My leisure and recreation
10. My risks
11. My community
12. My equipment and modifications
13. My education/employment
14. My Goals
15. My future hopes and dreams
16. My Yearly outcomes



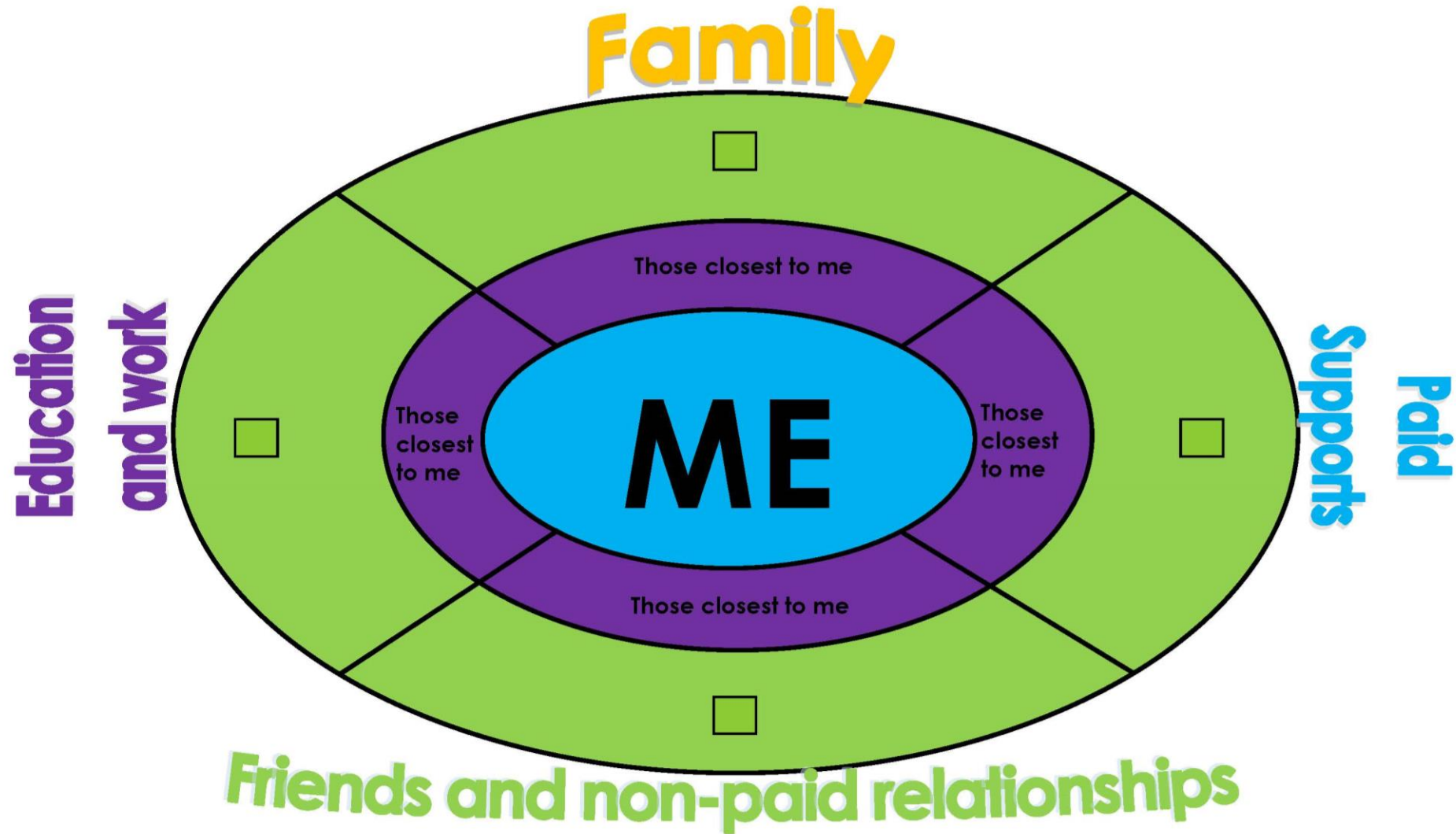
# 1. About me

Who I am, what makes me, me. My beliefs, attitudes and feelings which are important to me and impact on how I express myself, think and act.

<b>What makes me, me?</b>	<b>What is important to me?</b>
<b>What do other people like about me?</b>	<b>My important personal beliefs:</b>



## 5. Important people to me – the people who play an important role in my life

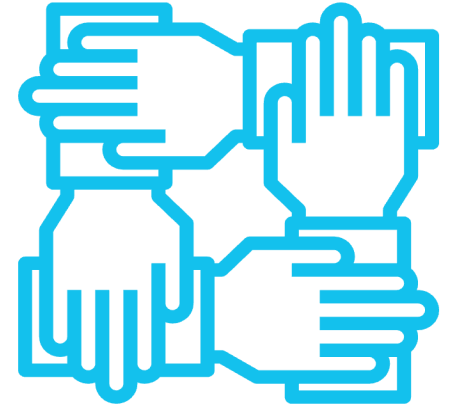
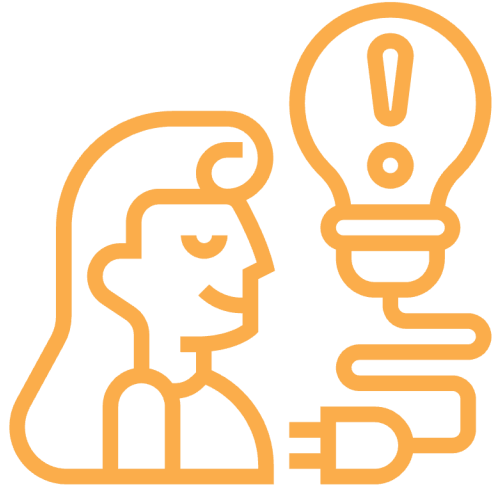




## Decision-making profile

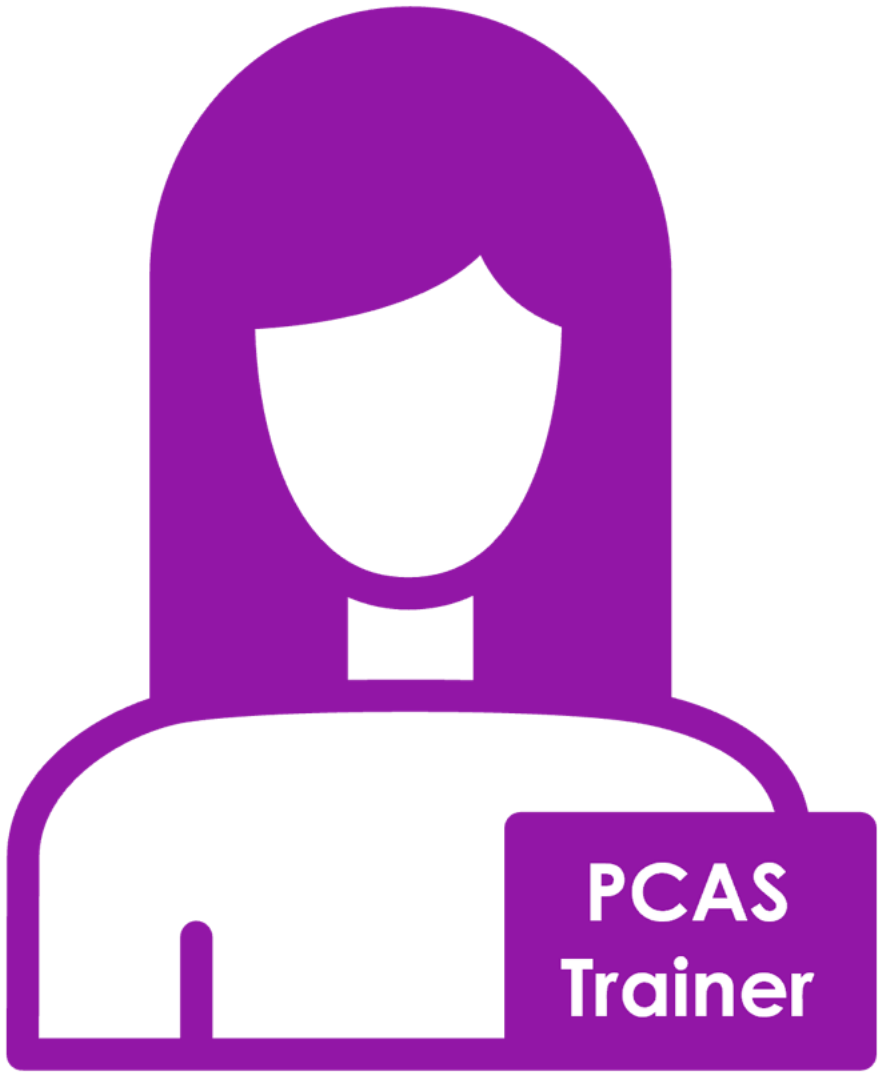
How I like to get information?	<input type="checkbox"/>
How to present choices to me?	<input type="checkbox"/>
Ways you can help me understand?	<input type="checkbox"/>
When is the best time for me to make decisions?	<input type="checkbox"/>
When is a bad time for me to make a decision?	<input type="checkbox"/>

[Is it crazy?]

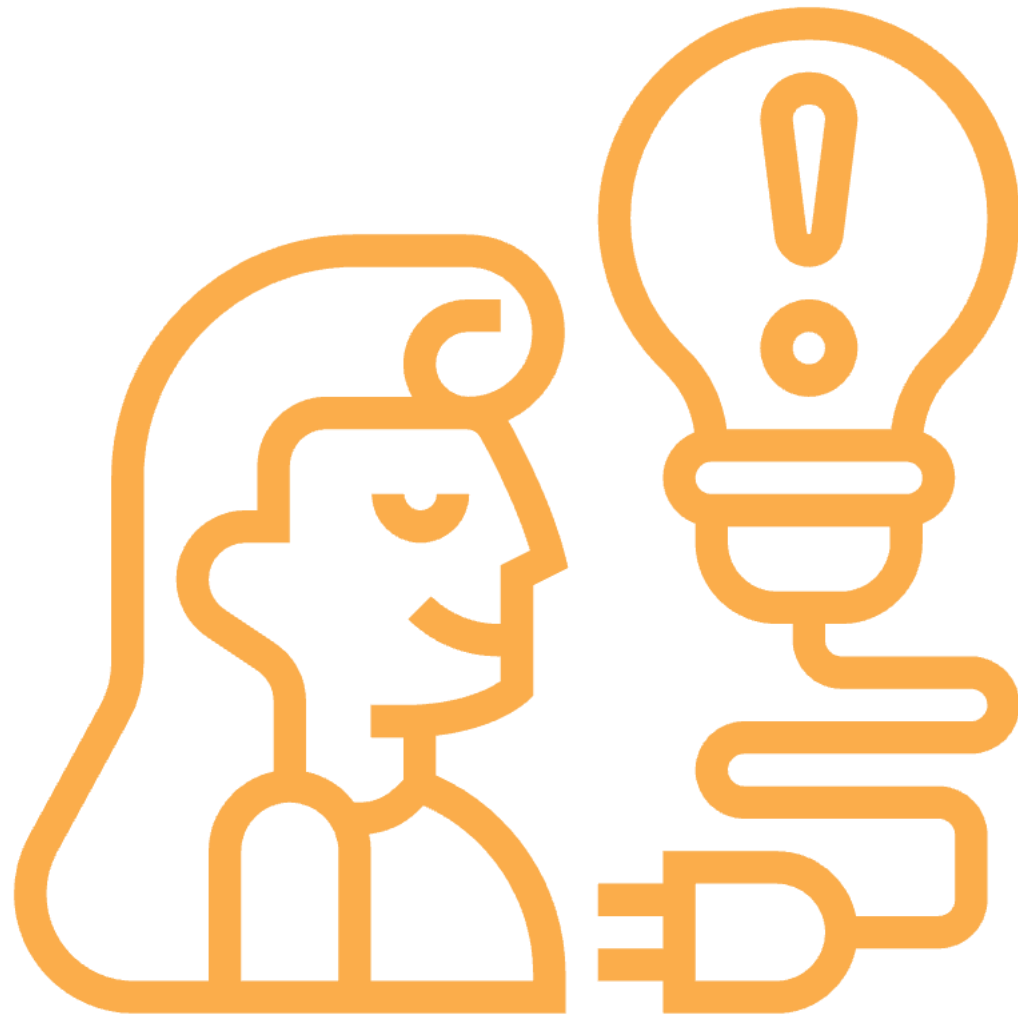




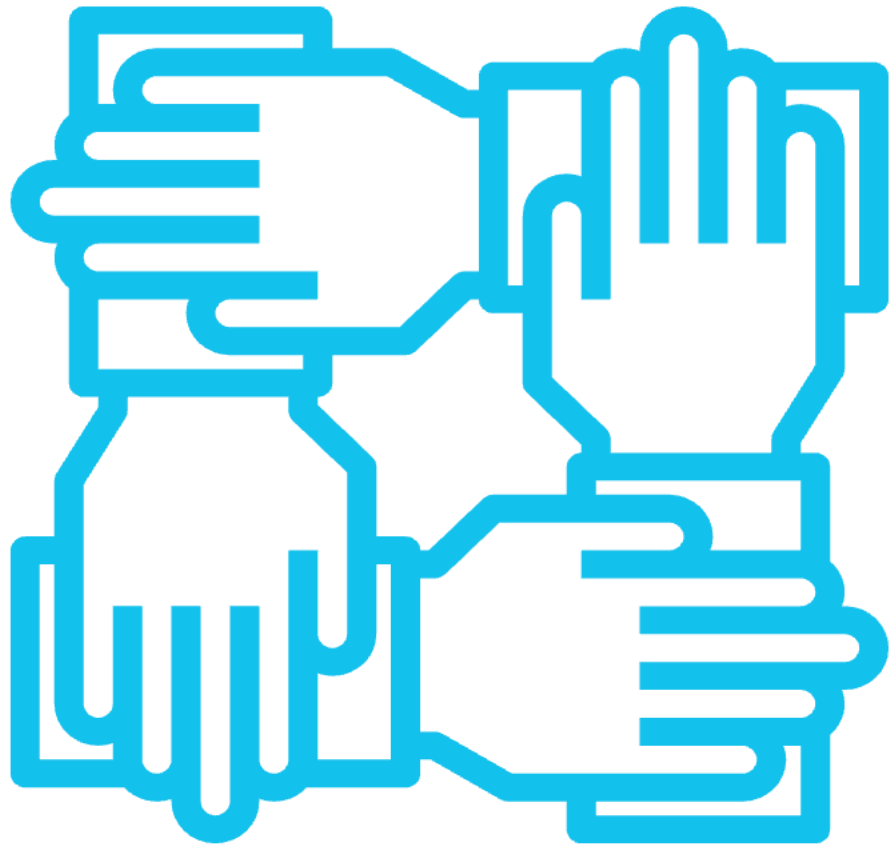
# Staff Training



**PCAS**



# Skill Development



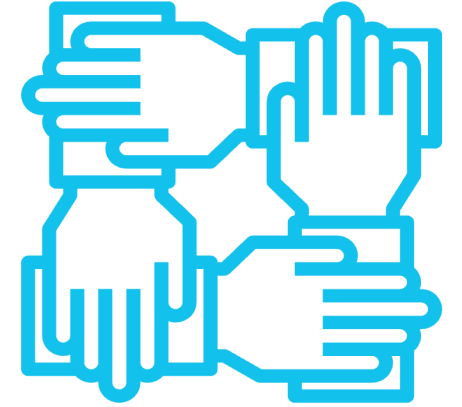
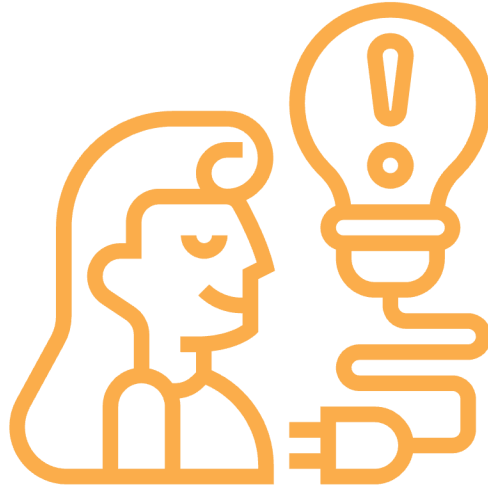
# Teamwork



# Communication



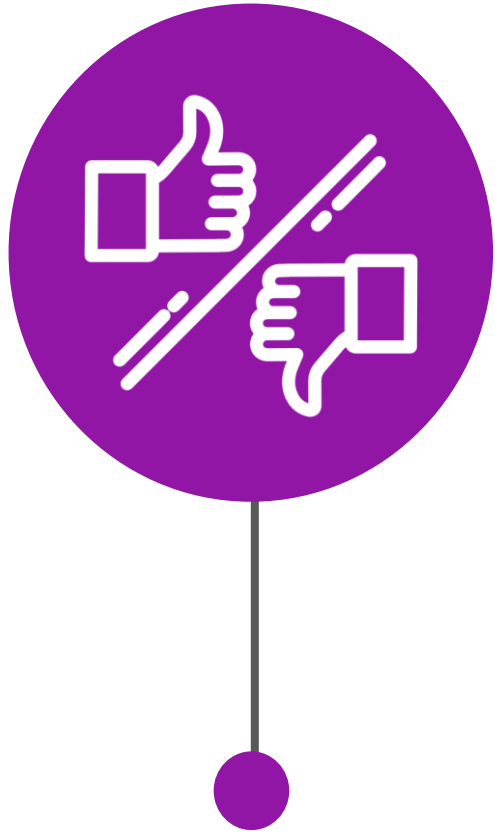
# Management Support



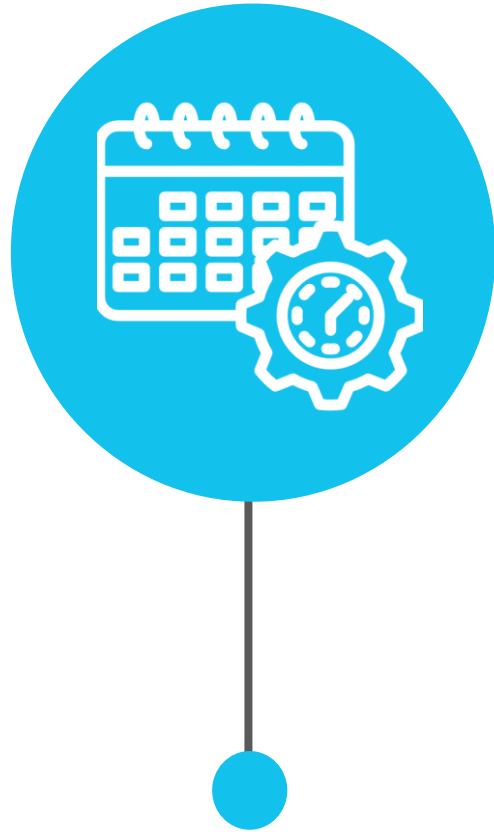
# CLO Support Workers





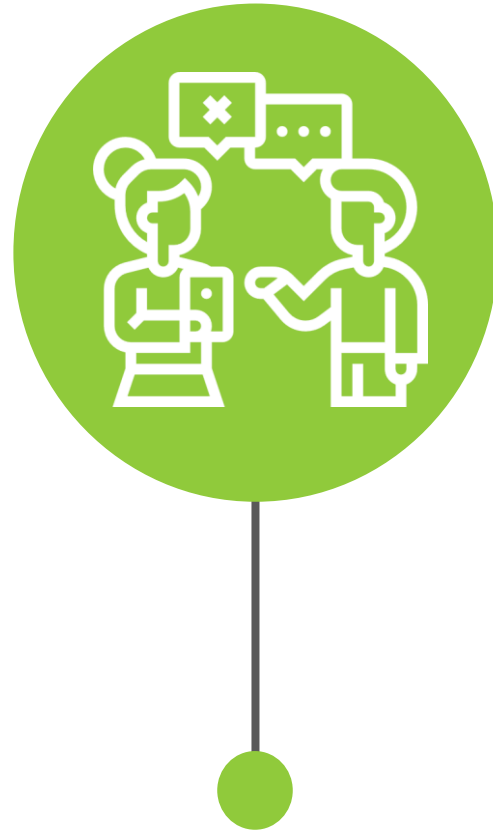


# Likes and Dislikes

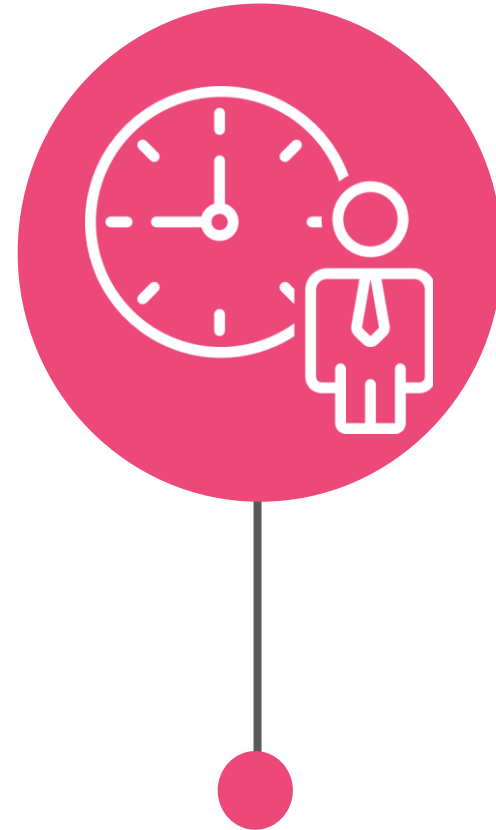


**Scheduling to  
support people  
to do what they  
want to do**

# Disagreements



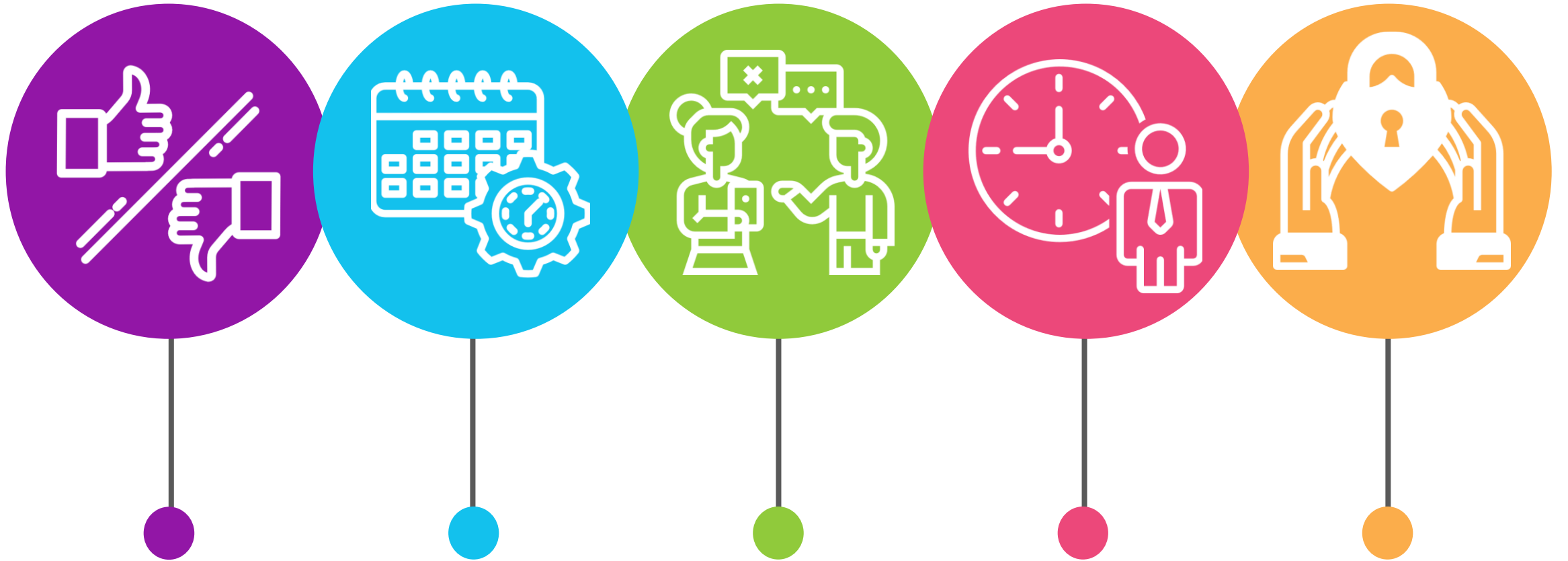
# Staff Rostering



# Privacy and Autonomy



# Challenges







# Supported Decision Making



# Adapting Model of Care for Aging



# Maintaining and Improving Quality



# Moving Forward at CLO

**Thank you**