

Improving the Delivery of Annual Health Assessments

ASID 2:30 - 3:30 PM Thursday 23th Nov 2023



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Acknowledgements

- Aboriginal & Torres Strait Islanders
- People with intellectual disability, their families and supporters
- QCIDD, MRI/UQ, NH&MRC, Endeavour Foundation, NDS, Centre Care
- Colleagues & my family
- Dept of Health & Aged Care
 - Health & Disability Interface section
 - Division of Primary Healthcare



Presentation plan

1. Why are annual health assessments needed?
2. What they involve?
3. Why are there problems with implementation?
4. Work to improve the poor implementation?



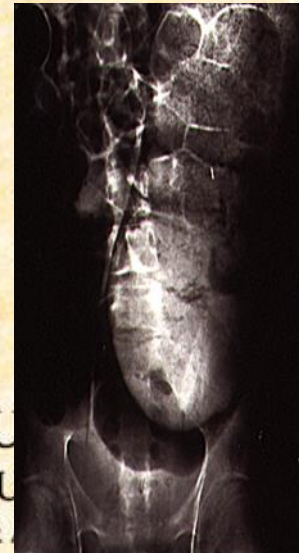
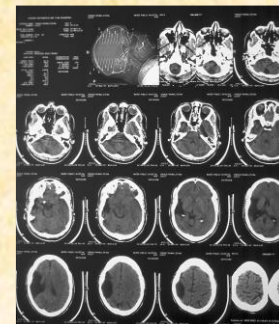


WHY



Unmet health needs

- **Physical Pain**
- **Psychological Pain**
- **Mental disorders**
- **Medications**
- **Epilepsy**
- **Gut disorders**
- **Urogenital disorders**
- **Iatrogenic disease**
- **Sensory impairments**
- **Health Promotion & disease prevention**
- **Unknown cause of disability**





Barriers & Enablers

Elements the CHAP addresses

1. Valuing & inclusion
2. Access
3. Communication – generally & health history
4. Knowledge / Educate – Support EVERYONE
5. Enhances advocacy
6. Follow up & continuity





Annual Health Assessment for People with Intellectual Disability

ADULT

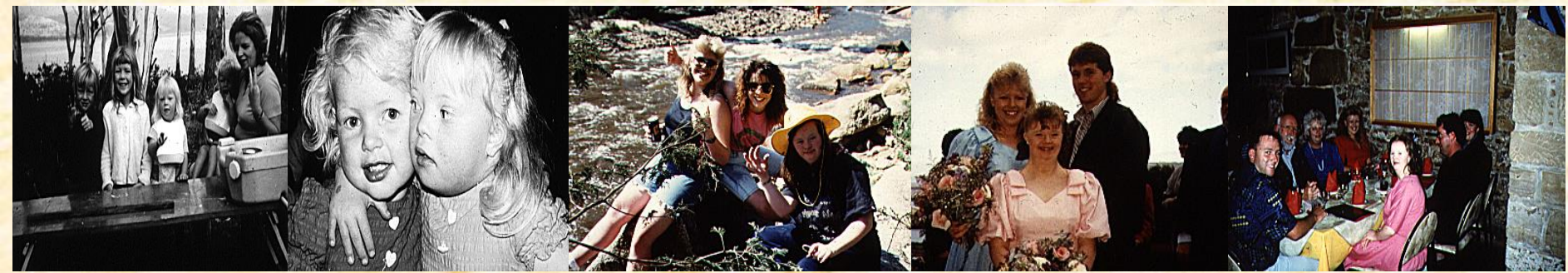
Name of Person (with intellectual disability)

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This document is reviewed annually and updated as appropriate to be consistent with current relevant evidence and national and international guidelines. Check the Department of Health and Aged Care's website for the latest version of this document.

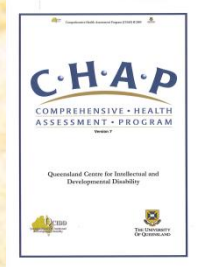
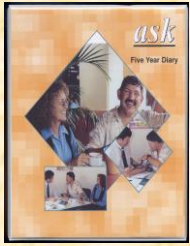
For more information on how the Australian Government is improving annual health assessments for people with intellectual disability visit <https://www.health.gov.au/our-work/improving-annualhealth-assessments-for-people-with-intellectual-disability>.

Actions completed & date



What we did





Research program

- Survey of GPs & Psychiatrists
- RCTs
 - 1999/2003 - CHAP health check - adults
 - 2000/2005 - A&H - Ask diary & CHAP - adults
 - 2006/2010 - Ask diary & CHAP - adolescents
 - 2023/2028 - Practice Nurse/Specialist Nurse



Key Findings

- **Up to 30 times increase in health actions**
 - ❑ Hearing /vision testing 30x, Women's health screening, weight, Tetanus/diphtheria 9x, Hep. B given 2.4x, Breast examination 1.9x
 - ❑ 24 new diagnosis (c.f. 14 in control) RR 1.6x (0.9 to 2.8) –
 - GORD (4 in intervention c.f. 1 control),
 - Diabetes M (1 in intervention),
 - Epilepsy (2 new diagnosis intervention)
- **Even more so as GP records underestimate**
 - the real level of CHAP - driven actions by 1.2-7.9 times more



Acceptability

- High recruitment & retention
 - Recruitment 71% people with ID & 91% their GPs

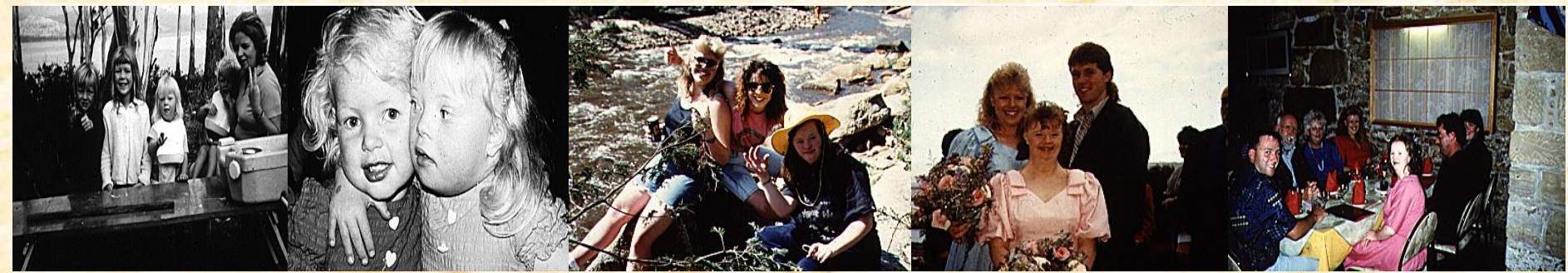
“[I] was missing things ... [that I am] now looking at more closely, more particularly”

“[the CHAP provides] reassurance that I’m doing the right things and [am] on track with the care of my patients; [it ensures I am] taking a more positive approach to picking up [or] recognising medical problems.

Weaknesses

- No evidence of long term effect
- No evidence it decreases mortality
- Cost – current literature cost neutral
- Presenter conflict of interest





Problems with implementation



Implementation ?

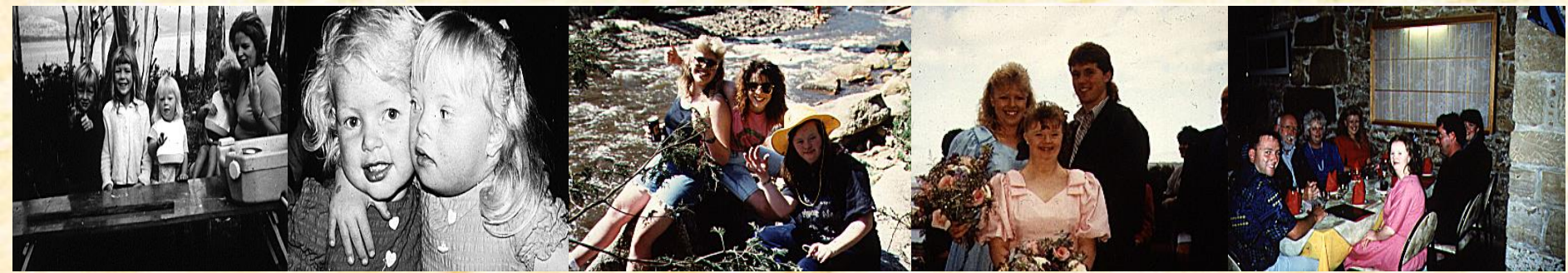
- Societal
 - Devaluing / Attitudes
 - Paradigm differences & lack of trust between systems
- Disability systems
 - Compartmentalisation of responsibility
 - Change to NDIS?
- Health systems
 - Primary care devalued and over stretched
 - Communication strategy



Consultation process

- Roundtable and subsequent consultation
 - RIGG
- Focus Group
- Advocacy organisations – Inclusion Australia – communication strategy
- Primary Care Enhancement Program
- Digitalisation & Integration into GP software



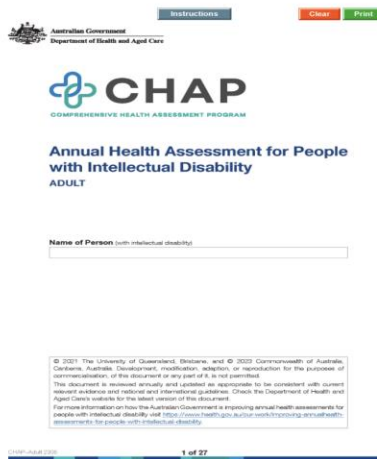


What to do & How



Adult Comprehensive Health Assessment Program (CHAP) – Annual Health Assessment for People with Intellectual Disability

The Comprehensive Health Assessment Program (CHAP) is an evidence-based tool for conducting annual health assessments for people with intellectual disability in Australia



Downloads

Adult Comprehensive Health Assessment Program (CHAP) – Annual Health Assessment for People with Intellectual Disability

 [Download PDF](#) - 766.96 KB - 27 pages

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Form

Audience:

General public

<https://www.health.gov.au/resources/publications/adult-comprehensive-health-assessment-program-chap-annual-health-assessment-for-people-with-intellectual-disability?language=en>

People with intellectual disability, families & supporters

- Negotiate with practice nurse & / or practice manager
- Prepare for consultation including your questions
- Be prepared to go back
- Asks what's next & why?



Resource development

- National Disability Services
- Council on Intellectual Disability CID
- PCEP Pilots
- Inclusion Australia
- National Centre of Excellence



GPs & Practices

- Plan
 - Involve nurse practitioners or practice nurse & practice managers
 - Consider chronic disease management plans & scheduled follow-up
 - Hold disability providers to account



The future changes?



Future

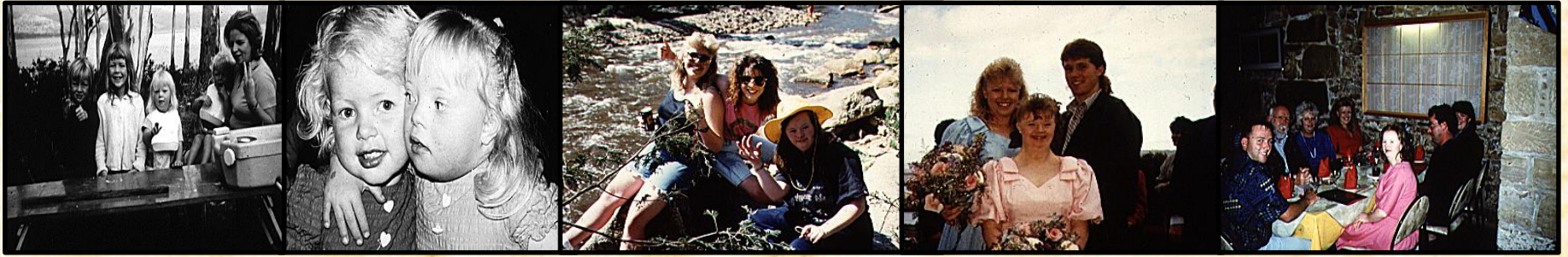
- Fillable pdf hard copy for first part
- Digitalisation of GP part of CHAP
- Communication strategy
- “Product” improvement
- Plain language / Easy English
- Supportive resources
- Adolescent / Young Person CHAP



Future

- Engagement with general practice
- Account for the lived experience of everyone
 - general practice is under considerable pressure & is a business
 - Government has invested in improving primary healthcare
 - e.g. MyMedicare - Voluntary patient registration





Questions, suggestions &
comments please?



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A high-angle, close-up photograph of a surfer in a dark wetsuit riding a massive, curling wave. The wave is a vibrant turquoise color and is curling over the surfer, creating a tunnel-like structure. The surfer is positioned in the center of the wave's barrel, looking towards the camera. The background is a bright, overcast sky.

The
End

Thank you

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