



TEDx for Everyone

People with Intellectual
Disability Speaking Up

Presented by Donna Best and
Kathy Ellem

Acknowledgement of Country

We acknowledge the Traditional Owners and their custodianship of the lands on which we meet.

We pay our respects to their Ancestors and their descendants, who continue cultural and spiritual connections to Country.

We recognise their valuable contributions to Australian and global society.



Image: Digital reproduction of *A guidance through time* by Casey Coolwell and Kyra Mancktelow

What we will be talking about today

What is TEDx?

How we came
to do a TEDx
talk

How we got
ready for TEDx

What it was
like

What is TEDx?



Technology



Entertainment

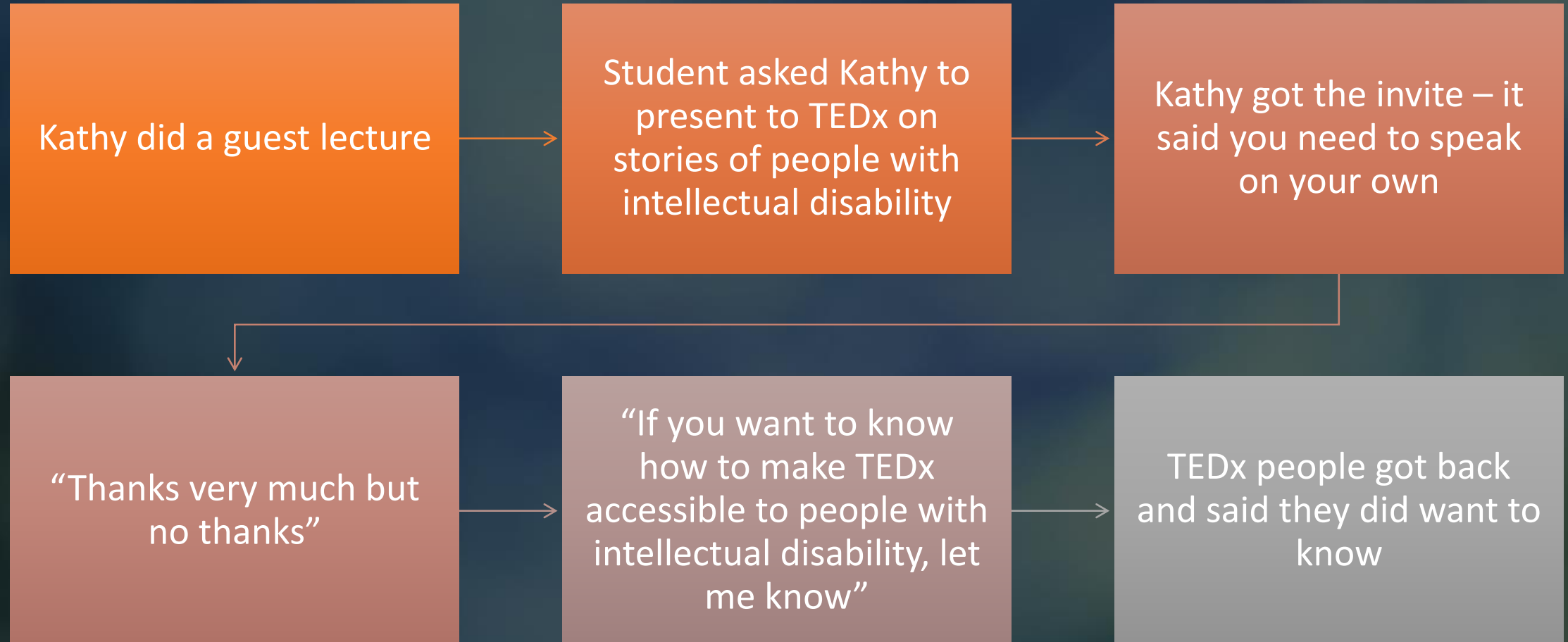


Design

TED organises conferences to *“bring together the world’s most fascinating thinkers and doers, who are challenged to give the talk of their lives...”*



How we came to do a TEDx talk



Inviting Donna

What was Michelle getting me involved in this time?



Welcome
Drinks



Writing
the
speech

**What
was hard**

Including
everyone who
was in my story
- Donna

Getting out of my
academic head!
- Kathy

Writing
the
speech

**What
was easy**

Working
together with
Kathy
- Donna

Knowing that
what we wrote
was important
- Kathy



Learning how to speak in front of people

- Sally Prosser – gave us exercises on how to speak and how to breathe



Practice, practice,
practice

- Over the phone




Practice, practice,
practice

- In front of the chickens



In front of
Hot Topics



TEDxUQ 2023

Small Ripples, Big Waves.

GET INVOLVED

On stage



The Big Day

“The best opportunity I ever had”





Coming together



If we put our
minds to it,
we can do
anything!

References

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