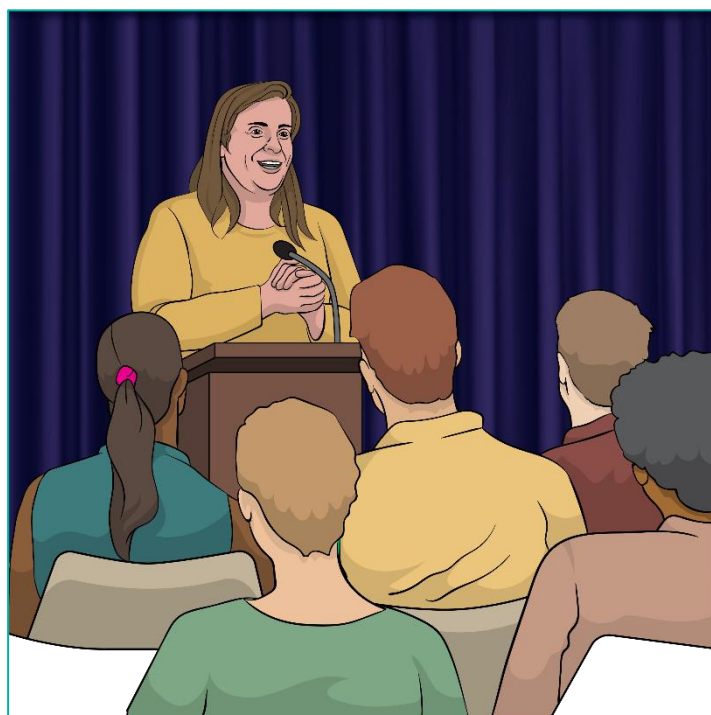




# ASID Aotearoa New Zealand conference programme



**Wellington 2025**

# What you will find in this document

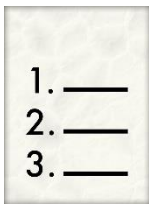
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# Sponsors



The ACFB Fund

Thank you to these people for supporting the ASID conference:

- The A Change For Better Fund



- IHC



- Make it Easy Kia Māmā Mai



- SPQ Limited Advance



- Webcare



- Donald Beasley Institute.

# About the ASID conference



ASID is short for the **Australasian** Society for Intellectual Disability.

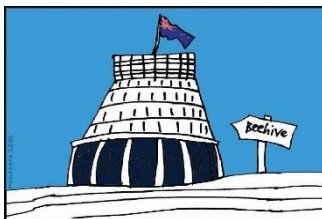


**Australasian** means:

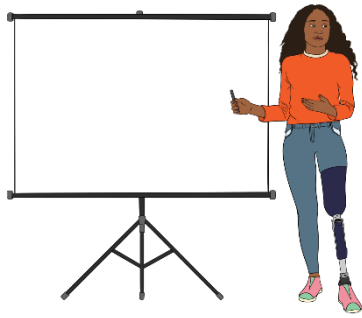
- Australia
- Aotearoa New Zealand.



When we say **we** in this Easy Read we mean ASID.



We are holding a **conference** in Wellington.



A **conference** is where people give talks about things they:

- are doing
- have found out.



In this programme we talk about:

- learning disability
- intellectual disability.



They are different words that mean the same.

In this programme we use the same words as the people doing the talk.



The conference is called:

**Data, Design and Delivery:**  
**Research to Support People with an**  
**Intellectual (Learning) Disability**



**Data** is information about lots of  
people / things.



**Delivery** means making things  
happen.



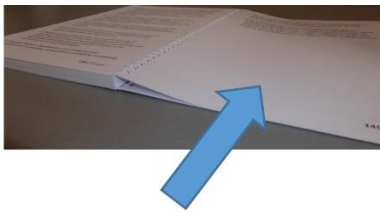
**Research** is when you do work to  
find things out.

Most of the talks are in **streams**.



A **stream** is a group of talks that:

- are about similar things
- happen in the same room.



On page 9 there is a chart showing:

- all the talks
- what time they happen.



The rest of this Easy Read tells you:

- what the talks will be about
- who will be speaking.



There is another Easy Read with information about the conference like:

- where it will happen
- how to sign up.



You can find this Easy Read at:

**<https://bit.ly/4gyr0RG>**

## An overview of what is on at the conference

Time	Session	
8.30 – 9:00	Registrations at venue, Shed 22, Wellington	
9.00 – 9.15	Opening	
9.15 – 10.00	<b>Keynote Address (in the plenary room)</b> - Recognising and responding to the grief	
10:05 – 10.30	<b>Stream 1 (in the plenary room) – Wellbeing</b>	<b>Stream 2 (in the loft) - Adverse events</b>
	1.1 Using data to help wellbeing	2.1 – The pandemic and other events
10.30 – 11.00	Morning Tea	
11.00 – 11.45	<b>Keynote Address (in the plenary room)</b> - From data to dignity and beyond	
	<b>Stream 3 – Data (in the plenary room)</b>	<b>Stream 4: Co-research (in the loft)</b>
11.50 – 12.15	3.1 - NZCL people experiences survey	4.1 – Being a research assistant with learning disability
12:20 -12:45	3.2 - One source of truth: a journey from accessing one record at a time to seeing the bigger picture	4.2 - Working together as co-researchers in an equal role
12.45 – 1.30	Lunch	

	<b>Stream 5 – Technology and accessible information (in the plenary room)</b>	<b>Stream 6 – Technology and accessible information (in the loft)</b>
1.30 – 1:55	5.1 - Supporting digital citizenship	6.1 - Telling people what I want if I get sick or am dying
2.00 – 2.25	6.2 - Research informed easy read delivery	5.2 - Online safety and avoiding scams – using the ‘Safety Net Cyber Cards’
2.30 – 2:55	5.3 – Using the Volition app for decision-making	6.3 - Rainbow easy read
2:55 - 3.15	Afternoon Tea	
	<b>Stream 7 – Wellbeing (in the plenary room)</b>	<b>Stream 8 (40 minutes) – Communication (in the loft)</b>
3.20 – 3:45	7.1 - Managing and making my own decisions about my health and wellbeing	8.1 - Communication access: what does that mean for you?
3:45 – 4:10	7.2 – Safeguarding adults from abuse	
4:15 - 4.30	Dance performance by Wellington Inclusive Dance	
4:30 – 4:40	Closing the conference	

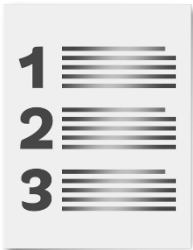
# The plan for the conference



The conference is from 8:30 in the morning to 4:30 in the afternoon.



You do not need to go to the whole conference to take part.



You can choose what parts you want to go to.

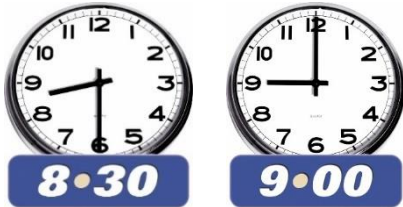


The next pages tell you:

- what time things are happening
- what each part is about
- who will be speaking.



# Registration and opening



## 8:30 am to 9:00 am: Registration

The conference starts with registration.



**Registration** is when you go to a table to:

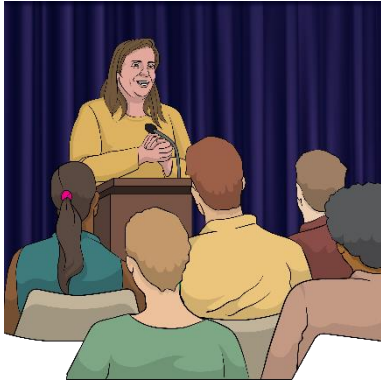
- tell people you are here
- get your name sticker.



## 9:00 am to 9:15 am: Opening

The people running the conference will welcome everyone.

# Keynotes



There are 2 **keynote** talks at the conference.

A **keynote** is:

- a big talk
- meant for everyone at the conference.



**9:15 am to 10:00 am:**

**Keynote 1 – Recognising and responding to the grief experience for people with intellectual disabilities**





The person doing this talk is  
Professor Suzanne Guerin.



Suzanne is from the School of  
Psychology at University College  
Dublin in Ireland.



Suzanne is talking about **grief**.

**Grief** is when people find it hard  
when someone they love dies.



People have done research to better  
understand the different feelings  
people can have when someone  
dies.



This research has been used to  
make ways of supporting people  
when someone they love has died.

Suzanne will talk about some of the things she has learned from working with:

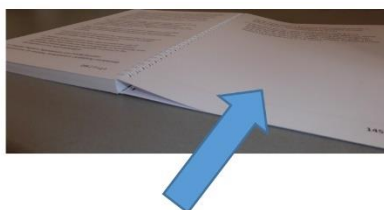


- professionals – people whose jobs include supporting people with grief
- people with disabilities.



After this there will be:

- 2 streams at 10:05 am
- morning tea at 10:30 am.



You can find out more about the streams on pages 16 to 43.



**11:00 am to 11:45 am:**

**Keynote 2 – From data to  
dignity and beyond:  
Creating change through data**



This talk is by:

- Luisa Beltran-Castillon from Kōtata Insight
- Shara Turner from IHC.



Luisa and Shara are talking about how data can make the lives of disabled people better.



Luisa and Shara will talk about the From Data to Dignity report.





The From Data to Dignity report looks at data about health and wellbeing for people with intellectual disability.

You can find an Easy Read of the report at:

<https://bit.ly/4hEQMoi>

Luisa and Shara will talk about things like:



- why people with intellectual disabilities often have worse health



- what research would be good to do next
- how health services can use the data to do things better.

# Stream 1: Wellbeing

10:05 am to 10:30 am



## 1.1 Measuring what matters: Using data to maximise wellbeing



This talk is by:

- Victoria Ross from SkillWise
- Michelle Macaskill from Huber Social.



Victoria and Michelle will talk about research they did at SkillWise about wellbeing.



Victoria and Michelle will talk about:

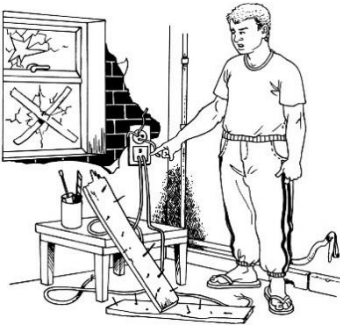
- how they made a **survey** to measure wellbeing
- how they made the survey accessible
- what they have learned from the survey.



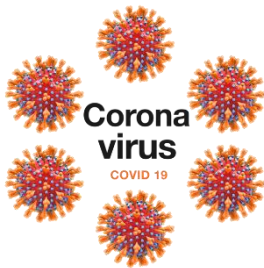
A **survey** is when you ask lots of people the same questions to find out information.

## Stream 2: Adverse events

**10:05 am to 10:30 am**



Stream 2 is about adverse events which are things that happen that make life worse for people.



### **2.1 Your tales of the tail – focus for the future: Pandemic and other events**



The people giving this talk are:

- Dr Henrietta Trip from University of Otago
- Dr Hemant Thakkar from Taikura Trust.





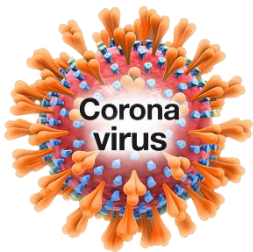
The people giving this talk are also:

- Hamish Taverner from Standards and Monitoring Services
- Associate Professor Brigit Mirfin-Veitch from the Donald Beasley Institute at the University of Otago.



This talk will be about things that affect our lives like:

- **natural disasters**
- the COVID-19 pandemic.



**Natural disasters** are things that:

- are to do with the earth or weather
- cause a lot of damage.



Natural disasters include things like:

- earthquakes
- flooding
- very bad weather.

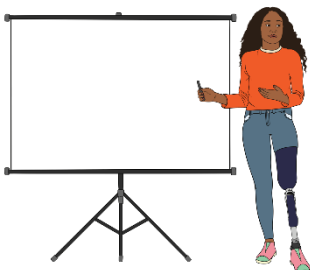


In 2023 the speakers talked about what natural disasters had been like with groups of:

- people with intellectual disability
- their supporters.

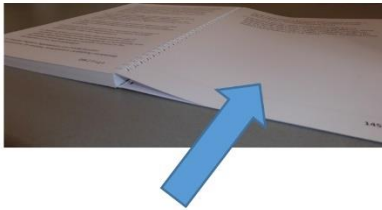


The speakers will talk about what they learned about supporting people with intellectual disability to cope well with disasters.



## Stream 3: Using data in services

**11:50 am to 12:45 pm**



Stream 3 is after Keynote 2 which is talked about on page 14.



There are 2 talks in Stream 3.

### **3.1 NZCL people experiences survey**



This talk is by:

- Sarah Lean from NZCL
- Mallory Quail from NZCL.



Sarah and Mallory will talk about making a **survey** that tells us how well NZCL is meeting the **Enabling Good Lives** ideas in **residential homes**.



A **survey** is a list of questions people can answer so NZCL can learn more about something.



**Enabling Good Lives** is about having:



- choice
- control
- the support you:
  - need
  - want
- a good life.





**Residential homes** are places where disabled people live together.



The way of doing the survey was designed with people who had lived experience of disability.



### **3.2 One source of truth: A journey from accessing one record at a time to seeing the bigger picture**



This talk is by:

- Eilish Montgomery from Spectrum Foundation



- Susan Rae from Spectrum Foundation.



This is a talk about how Spectrum Care have found new ways of using the information from their **CRM** to support people better.

A **CRM** is a computer program / app that keeps information about people the people you support.

## Stream 4: Co-research

11:50 am to 12:45 pm



Stream 4 has 2 talks.



**Co-research** means researching together.

### 4.1 My experience learning to be a research assistant with learning disability



This talk is by Julia Young from the Donald Beasley Institute.



Just over 1 year ago Julia started in her first paid job as a Research Assistant at the Donald Beasley Institute.

Julia will talk about:



- how she started being interested in research
- what her job is
- how she is learning to do research
- how she works in a team.



## 4.2 Working together as co-researchers in an equal role



The people doing this talk are:

- David Corner from IHC
- Adelaide Jasonsmith from Victoria University of Wellington.



David and Adelaide will talk about how they have worked together.



They will talk about:

- better healthcare for people with an intellectual disability
- some of the wrong ideas doctors and nurses have about people with an intellectual disability.

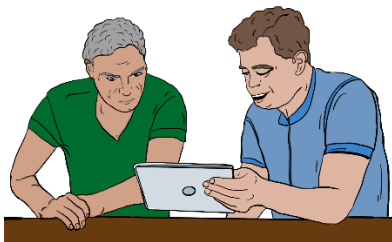


# Stream 5: Technology and accessible information

1:30 pm to 2:55 pm



Stream 5 has 3 talks.



## 5.1 Supporting digital citizenship



This talk is by:

- Sarah Kinley from Hōhepa Canterbury
- Arnah Trelease from Hōhepa Canterbury.





- Georgie Strangman from Hōhepa Canterbury.



They will talk about how Hōhepa has been finding good ways to support people with intellectual disability to use **digital technology** in a way that:

- is safe
- supports their wellbeing.



**Digital technology** includes:

- computers
- phones and tablets like iPads
- the internet
- apps.

## 6.2 Research informed Easy Read delivery



The people giving this talk are:

- Dr Nicolina Newcombe from IHC
- David Corner from IHC.

This talk will be about:

- how Easy Read is part of learning disability **culture**
- how IHC uses Easy Read.





**Culture** is a way of:

- thinking that a group shares
- doing things as a group.

There are many different cultures in Aotearoa New Zealand.

Some examples of the different cultures are:

- Māori culture
- Pacifica culture
- Deaf culture.

The people giving this talk will speak about how they work together to make Easy Reads. They will share some Easy Reads.

## 5.3 Moving forward with Volition: Tools and strategies to support self-determination and decision-making



The people doing this talk are:

- Erika Butters from Volition
- Neville Pugh from Volition.



Erika and Neville will talk about Volition.

Volition is an app that people can use to:



- say what is important to them
- say how they want to get support
- share this information with people who support them.

## Stream 6: Accessible information



**1:30 pm to 2:55 pm**

Stream 6 has 3 talks.



### **6.1 Telling people what I want if I get sick or am dying**



The people giving this talk are:

- Dr Nic McKenzie who is a disability sector consultant
- Dr Henrietta Trip from the University of Otago.





The people giving this talk are also:

- Associate Professor Brigit Mirfin-Veitch from the Donald Beasley Institute at the University of Otago



This talk is about **Advance Care Planning**.



**Advance Care Planning** means telling people what you want if you:

- get very ill
- are dying.



This talk will share a way of Advance Care Planning that works for people with intellectual disability.

## 5.2 Online safety and avoiding scams – ‘Safety Net Cyber Cards’: An educational resource



This talk is by:

- Ben Healey from People First New Zealand Ngā Tāngata Tuatahi



- Rosie Zyskowski from People First New Zealand Ngā Tāngata Tuatahi.



Ben and Rosie will talk about a card game called Safety Net Cyber Cards.



The game was made to support people to stay safe online.



The game was co-designed with people with intellectual disability.



### 6.3 Rainbow Easy Read: From consultation to creation



The people giving this talk are:

- Andi Buchanan
- Rozlyn Gielink
- AJ Fitzwater.



All these people are from People First New Zealand Ngā Tāngata Tuatahi.



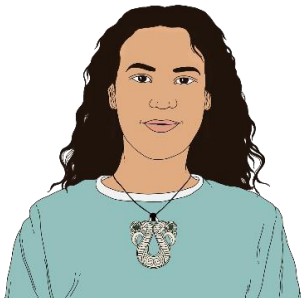
This talk is about some Easy Reads made about the **rainbow community**.



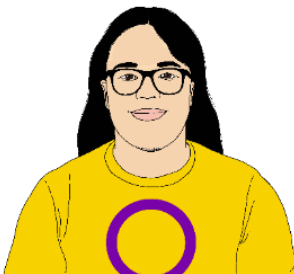
The **rainbow community** includes people who are:



- lesbian



- gay



- bisexual

- transgender

- takatāpui

- queer

- intersex

- asexual



other people who fit in similar groups.

## Stream 7: Wellbeing



**3:15 pm to 4:10 pm**

Stream 7 has 2 talks.



### **7.1 Managing and making my own decisions about my health and wellbeing**

The people doing this talk are:



- Associate Professor Brigit Mirfin-Veitch from the Donald Beasley Institute at the University of Otago



- Julia Young from the Donald Beasley Institute.



The people doing this talk are also:

- Dr Nic McKenzie from Understandable
- Patrick Doherty from People First New Zealand | Ngā Tāngata Tuatahi
- Jason Donovan from People First New Zealand | Ngā Tāngata Tuatahi
- Dr Henrietta Trip from the University of Otago.



This talk is about a project called:

Managing and making my own decisions about my health and wellbeing.

## 7.2 Safeguarding adults from abuse: A research informed response



This talk is by:

- Sue Hobbs from VisAble
- Dr Debbie Hager from VisAble.



Sue and Debbie will talk about what they have learned from work done to keep disabled adults safe.



They will talk about how they are using what they have learned to make a new way of supporting disabled people to live safely.

## Stream 8: Communication



**3:15 pm to 3.55 pm**

Stream 8 has 1 talk.



### **8.1 Communication access: What does that mean for you?**

The people doing this talk are:

- Michelle Bonetti from Moretalk Communication Assistance
- Bridget McArthur from Moretalk Communication Assistance.



This talk is about Moretalk  
Communication Assistants.



Moretalk supports communication in  
places like:

- courts
- police interviews
- Oranga Tamariki meetings
- Corrections environments like  
prisons.



Michelle and Bridget will talk about  
what they have learned doing this  
work.

## Performance and closing

### 4:15 pm to 4:30 pm: Performance



At the end of the conference there will be a dance performance from Wellington Inclusive Dance.



### 4:30 pm to 4:40 pm: Closing

The people running the conference will say a few things to end the conference.



This information has been written by ASID Aotearoa New Zealand.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



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